

Project No _____

**CFAS WALES
QUESTIONNAIRE & MANUAL**

SECTION A

Centre:

Interviewer:

Date of Interview:

Confirm at outset whether interview will be conducted in English or Welsh

1 - English

2 - Welsh

Time interview started:

Time interview ended:

<p>Remember the layout conventions that have been adopted throughout the questionnaire.</p> <p>Instructions to the interviewer: these are given in UPPER CASE TEXT and should not be read out.</p> <p>Introductions to the sections: these are given in emboldened lower case text and should be read out.</p> <p>Questions: these are given in lower case letters and must be read exactly following the wording. DO NOT paraphrase. Text in parentheses is optional.</p> <p>In the following pages the questionnaire is documented in the left-hand column. Notes to help administer the questionnaire are given in the right hand column.</p>	
<p>Thank you for agreeing to be interviewed. The purpose of this interview is to collect information on the changes in health and wellbeing that occur as people get older.</p> <p>Your help is extremely valuable to us and of course any information you provide will be treated in strictest confidence.</p> <p>Many of the questions are about your health, background and day-to-day activities. There is a section on memory, concentration and things like that.</p>	
<p>Q1 Firstly, I would like you to remember my name. My name is..... Can you repeat that?</p> <p>REITERATE NAME (UP TO 3 TIMES) UNTIL CORRECTLY REPEATED. AFTER 3 TIMES RATE.</p>	<p>Q1 Give only one name, either the first or the last, choosing the shortest and easiest to pronounce. Reiterate up to three times as necessary. Do not exceed three repetitions.</p>

<ul style="list-style-type: none"> 0. Unable to repeat 1. Correctly repeated 	
<p>Q2 What is your full name?</p> <ul style="list-style-type: none"> 0. Incorrect 1. Correct 	
<p>Q3 Can you spell your last name for me? Can you spell your first name for me?</p> <ul style="list-style-type: none"> 0. Incorrect 1. Correct 7. Don't know 8. No answer 9. Not asked/ Unable 	<p>Q3 Rate as incorrect if the subject cannot spell both names correctly.</p>
<p>Q4 Are you Married, Single, Widowed or divorced? (If NO are you separated or cohabiting?)</p> <ul style="list-style-type: none"> 1. Married 2. Cohabiting 3. Single 4. Widowed 5. Divorced/separated 8. No answer 9. Not asked. <p>If Q4 = 4 or 5 ask Q5</p>	
<p>Q5 How long have you been (Widowed) (Separated) (divorced)?</p> <p>Answer in years _____</p>	
<p>Q6 RATE CURRENT ACCOMMODATION</p> <ul style="list-style-type: none"> 1. House/Flat 2. Granny Flat 3. Warden Controlled Flat 4. Council Residential Home 5. Private Residential Home 6. Private/Charity Nursing Home 7. Long Stay Hospital 	

<p>8. Not established</p> <p>IF Q6 = 6 (Nursing Home) ask Q7 otherwise skip to Q9</p>	
<p>Q7 RATE TYPE OF ACCOMMODATION WITHIN THE NURSING HOME.</p> <p>1. Residential 2. Nursing 3. EMI 4. Not established.</p>	
<p>Q8 Who funds your accommodation within the Nursing Home?</p> <p>1. Self funded 2. Social Services Funded 3. Health Services Funded</p>	
<p>Q9 RATE: IS THE SUBJECT LIVING IN AN INSTITUTION?</p> <p>0. No/uncertain 1. Yes</p>	<p>Residential homes, nursing homes and long stay hospitals count as institutions; a day hospital or sheltered accommodation does not.</p>
<p>Q10 PROXY ANSWERED DEMOGRAPHIC SECTION?</p> <p>1. Subject 2. Proxy</p>	
<p><u>ORIENTATION SECTION</u> - THE AIM OF THIS SECTION IS TO ESTABLISH THE PRESENCE OF COGNITIVE IMPAIRMENT WHICH WILL LEAD TO ERRORS IN THE REPLY TO FACTUAL QUESTIONS. DO NOT EXPLORE INCONSISTENCIES (EXCEPT AGE AND BIRTH DATE) BUT SIMPLY RATE FROM THE SUBJECT'S REPLY.</p>	<p>The information provided may not be correct. If the answer provided by the subject is not consistent with your information, record the age given by the subject.</p>
<p>Q11 How old are you?</p>	

<p>1. As listed 2. Not as listed 7. Don't know 8. No answer 9. Not asked</p> <p>IF Q11=1, SKIP TO Q.13</p>	
<p>Q12 AGE GIVEN BY SUBJECT:</p> <p>nn Age given by subject 777 Don't know 888 No answer 999 Not asked</p>	
<p>Q13 What is your date of birth?</p> <p>1. As listed 2. Not as listed, probably correct 3. Not as listed, probably incorrect 7. Don't know 8. No answer 9. Not asked</p>	<p>Again the information provided may not be correct. Rate 2 If the answer provided by the subject is not consistent with your information, but consistent with the subject's previous answer (and realistic) Rate 3 If the subject's answers to Q11 & Q12 are inconsistent. If you have rated either 2 or 3 record the date of birth given by the subject.</p>
<p>Q14 DOB given by the subject: DD/MM/YYYY</p>	
<p>IF DATE OF BIRTH AND AGE ARE INCONSISTENT BY MORE THAN ONE YEAR ASK Q15</p>	
<p>Q15 That doesn't seem to come out right when I add it up. Can you help me?</p> <p>0. Discrepancy NOT corrected 1. Discrepancy corrected 2. Marked uncertainty about age 8. No answer 9. Not asked</p>	<p>Q15 Answers 0 and 2 need not be mutually exclusive. If both are appropriate select answer 2.</p>
<p>Q16 What is the name of this place? Where is it located? PROBE FOR FULL ADDRESS.</p>	<p>Q16 <u>This question would only be asked of respondents living in an institution.</u> Rate 1-Correct, if subject gives only a</p>

<ol style="list-style-type: none"> 1. Correct 2. Error in name 3. Error in address 4. Error in name and address 7. Don't know 8. No answer 9. Not asked 	<p>partial name.</p> <p>Rate 3-Error in address, if subject only gives locality.</p>
<p>Q17 What is the name of this city/town/village?</p> <ol style="list-style-type: none"> 0. Incorrect 1. Correct 7. Don't know 8. No answer 9. Not asked 	<p>Q17 A localizing answer is required here. If the subject lives in a remote area, the name of the nearest farm would be considered correct.</p>
<p>ONLY ASK (Q18) IF THE SUBJECT IS LIVING IN THEIR OWN HOME. PROBE FOR FULL ADDRESS. OTHERWISE SKIP TO Q20</p>	
<p>Q18 What is your full address?</p> <ol style="list-style-type: none"> 0. Incorrect or incomplete 1. Correct 7. Don't know 8. No answer 9. Not asked 	<p>Q18 The full address is required. Probe for full address including city, suburb or postal district but not post code. If in a day hospital, ask 'What is the postal address of your home?'</p>
<p>Q19 Is this house/flat owned or rented?</p> <ol style="list-style-type: none"> 1. Owned 2. Council rented 3. Private rented 7. Don't know 8. No answer 9. Not asked 	<p>Q19 In order to rate 1 it is necessary that no rent is paid on the property. It may be owned by the subject, a member of the household in which the subject lives or a member of the subject's family who does not live in the property. Housing association property is classed as council rented.</p>
<p>Q20 Have you ever seen me before?</p> <ol style="list-style-type: none"> 1. Correct, No or Yes 2. Incorrect, No 3. Incorrect, Yes 8. No answer 9. Not asked 	<p>Q20 In this question you are looking for evidence of pathology.</p> <p>Rate 1-Correct, either if the subject has or has not seen you before, or if they claim they do not know.</p> <p>Ratings 2 and 3 are manifestations of pathology. If the subject claims they have</p>

<p>IF YES OR UNCERTAIN PROMPT FOR DETAILS. IF ANSWER CODED 3 ASK Q21, IF NOT ASK Q22.</p>	<p>not seen you before and you know they have, probe with 'Could you try to remember?'</p> <p>If they incorrectly believe they have seen you before, continue to Q21.</p>
<p>Q21 When? Where? What was I doing? What did we do? RATE PRESENCE OF CONFABULATION.</p> <ul style="list-style-type: none"> 0. No confabulation 1. Confabulation 9. Not asked 	<p>Q21 In this question you are looking for evidence of confabulation. This means the subject can be led to give an elaborate description of events which clearly could not have occurred</p>
<p>Q22 What day of the week is it today?</p> <ul style="list-style-type: none"> 0. Incorrect 1. Correct 9. Not asked 	
<p>Q23 What is the date today?</p> <p style="padding-left: 40px;">Date</p> <ul style="list-style-type: none"> 1. Correct 2. Incorrect by 1 day 3. Incorrect by >1 day 7. Don't know 8. No answer 9. Not asked 	
<p>Q24 Month</p> <ul style="list-style-type: none"> 1. Correct 2. Incorrect by 1 month 3. Incorrect by >1 month 7. Don't know 8. No answer 9. Not asked 	<p>Rate as correct if the subject claims it is the previous month in the first week of the month (e.g. March in the first week of April).</p>
<p>Q25 Year</p> <ul style="list-style-type: none"> 1. Correct 2. Incorrect by 1 year 3. Incorrect by >1 year 7. Don't know 8. No answer 9. Not asked 	

<p>Q26 OBSERVATION. TALKS IN AN AIMLESS FASHION. OBJECT IN VIEW AT THE BEGINNING IS NOT REACHED.</p> <p>0. No 1. Yes 9. Inapplicable</p>	<p>If Q1=0, Q3=0, Q17=0. The computer will automatically go into priority mode and skip to Q136</p>
<p>Now i would like to ask some questions about your background.</p>	
<p>Q27 Does anyone else live here?</p> <p>1. No 2. Yes</p> <p>Q28 Spouse/Partner No/Yes Q29 Parents _____ Q30 Siblings _____ Q31 Children _____ Q32 Grandchildren _____ Q33 Other relatives _____ Q34 Friends _____ Q35 Others _____</p>	<p>DO NOT ASK IF IN AN INSTITUTION</p> <p>Q27 If the subject does not live on their own record the relationship of anyone they live with (eg. Parents including in laws, children including in laws, housekeeper, friend etc.).</p> <p>Only include individuals who are permanent members of the household. If the subject lives in a granny flat this count's as a complete household if it is self-contained.</p> <p>NB. Part-time members of the household are included if their membership is permanent (eg. The child who stays during the week but is away every weekend).</p>
<p>Q36 How long have you lived in (The area)?</p> <p>A. 1-4 years B. 5-9 years C. 10-14 years D. 15-19 years E. 20-24 years F. 25+ years G A long time H Don't know.</p>	<p>Q36 This question is included to elicit information on migration. Rate the number of years the subject has lived within the locality.</p> <p>Rate for latest period only if the subject has returned to the area. Rate 1 year for 1 year or less.</p>
<p>Q37 Where were you born?</p>	<p>Q37 Answer in the form – Town, Country,</p>

Textual answer	eg. Liverpool, England. If the answer has already been given in the last question do not ask again.
<p>Q38 What ethnic group do you consider you belong to? Are you...(supply likely options)</p> <p>A. White B. Black –Caribbean C. Black – African D. Black – Other E. Indian F. Pakistani G. Bangladeshi H. Chinese I. Other (specify) X. Don't know Y. No answer Z. Not asked</p>	
Q39 Ethnic group, other specify:	
<p>Q40 How many years did you spend in full time education</p> <p>Answer in years _____ Don't know 77 Not Asked 99</p>	Q40 Include all years in any education.
<p>Q41 Did you do any further training like a college course or an apprenticeship?</p> <p>A. None B. School leaving certificate C. Technical college exams D. Secretarial college exams E. Completed apprenticeship F. Trade certificates (electrician, plumber)</p>	Q41 Rate for the highest qualification

<p>G. High professional qualifications which were not university degrees (specify)</p> <p>H. University degree BA,MA,BSc etc.</p> <p>I. Other (specify)</p>	
<p>Q42 Qualification other specify:</p>	
<p>Q43 Have you retired?</p> <p>0. No</p> <p>1. Yes</p> <p>2. Never worked</p>	
<p>IF RATED YES – CONTINUE</p> <p>IF RATED NO SKIP TO Q45</p> <p>IF RATED NEVER WORKED (and Married, Widowed or Sep, Divorced)</p> <p>SKIP TO Q51, OTHERWISE SKIP TO Q59</p>	
<p>Q44 At what age did you retire?</p> <p>Nn Answer in years</p> <p>777 Don't know</p> <p>999 Not asked</p>	
<p>Q45 What has been your main occupation for most of your working life?</p> <p>Textual answer</p>	<p>Q45 Complete for the occupation that was held for the longest period, even if it is not the most recent. Give a detailed job title.</p>
<p>Q46 What type of work was/is this?</p> <p>Textual answer</p>	<p>Q46 Answer should include a description of the work and a description of the employer. This information is required to code both social class and socio-economic group and it is important that sufficient information is collected. For example: a carpenter in the building industry would be coded differently from a carpenter in a biscuit factory.</p>
<p>Q47 Were/are you self employed?</p> <p>0. No</p> <p>1. Yes</p>	

IF YES SKIP TO Q50	
Q48 Were/are you a foreman, supervisor or manager? (If Yes, what did you do?) 0. No 1. Foreman/Supervisor 2. Manager	
Q49 Foreman/supervisor/Manager: What did/do you do?	
Q50 How many employees were/are you responsible for? 1. Less than 25 2. 25 or more 7. Don't know 8. No answer 9. Not asked	
IF NEVER MARRIED SKIP TO Q58 QUESTIONS 51-57 SHOULD ONLY BE ASKED OF MARRIED, DIVORCED, SEPARATED OR WIDOWED PEOPLE	
Q51 Has your spouse stopped working? (Did your spouse retire)? 0. No 1. Yes 2. Never worked 7. Don't know 8. No Answer 9. Not asked	Q51 For multiple marriages code for current/last husband or wife
Q52 At what age did your spouse retire? Age in years _____ 777 Don't know 999 Not asked	
Q53 What has been/was your spouses's main occupation for most of their working life? Textual answer	Q53 Complete for the occupation that was held for the longest period, even if it is not the most recent.

<p>Q54 What type of work was/is this?</p> <p>Textual answer</p>	<p>Q54 Answer should include a description of the work plus a description of the employer.</p>
<p>Q55 Was/is s/he self employed?</p> <p>0. No 1. Yes 7. Don't know 9. Not asked</p>	
<p>IF YES SKIP TO Q57</p>	
<p>Q56 Was/is your spouse a foreman, supervisor or manager? (If yes, what did s/he do?)</p> <p>0. No 1. Foreman/Supervisor 2. Manager 7. Don't know 9. Not asked</p>	
<p>IF NO SKIP TO Q58</p>	
<p>Q57 How many employees was/is s/he responsible for?</p> <p>0. 0 1. Less than 25 2. 25 or more 7. Don't know 8. No answer 9. Not asked</p>	
<p>Q58 Since you retired have you been involved in any work (either paid or unpaid)?</p> <p>0. Paid No 1. Paid Yes 2. Unpaid Yes 3. Unpaid No 7. Don't know 8. No answer 9. Not asked</p>	

<p>This next set of question is about your social contacts and social activities</p>	
<p>Q59 Do you have any children of your own?</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9. Not asked</p>	<p>Q59 Rate as 1: Yes if subject volunteers that they have ever had children. Include adopted children.</p>
<p>IF NO SKIP TO Q62</p>	
<p>Q60 How many children?</p> <p>Nn Number of living children 77 Don't know 99 Not asked</p>	
<p>Q61 Number of children not living (if volunteered)</p> <p>nn Number of DEAD children 77 Don't know 99 Not asked</p>	
<p>Q62a How far away, in distance, does your nearest child or other relative live?</p> <p>0. No relatives 1. Same house / within 1 mile 2. 1-5 miles 3. 6-15 miles 4. 16-50 miles 5. 50+ miles 7. Don't know 9. Not asked</p>	<p>Q62</p> <p>DO NOT INCLUDE SPOUSE. ADJUST WORDING IF NO CHILDREN ALIVE</p>
<p>IF NO CHILDREN SKIP TO Q62c</p>	
<p>Q62-1 Where does your nearest child live?</p> <p>0. No children 1. Same house / within 1 mile</p>	

<p>2. 1-5 miles 3. 6-15 miles 4. 16-50 miles 5. 50+ miles 7. Don't know 9. Not asked</p>	
<p>IF NO RELATIVES SKIP TO Q67</p>	
<p>Q62-2 If you have any living sisters or brothers, where does your nearest sister or brother live? 0. No sisters or brothers 1. Same house / within 1 mile 2. 1-5 miles 3. 6-15 miles 4. 16-50 miles 5. 50+ miles 7. Don't know 9. Not asked</p>	
<p>Q63 How often do you see any of your (children or other) relatives to speak to? 0. Never / no relative 1. Daily 2. 2-3 times a week 3. At least weekly 4. At least monthly 5. Less often 8. No answer 9. Not asked</p>	<p>Q63 Here you must rate cumulative contact – if the subject sees a different relative every day rate as 1 – daily contact.</p>
<p>Q64 Of all your (children or other) relatives which one do you have the most contact with? A. Daughter B. Son C. Daughter-in-law D. Son-in-law</p>	<p>Q64 If subject claims to see two people equally prompt to establish which one they have the most contact with. Step relative to be rated as 'other male' or 'other female relative'.</p>

<ul style="list-style-type: none"> E. Parent F. Sister/Brother G. Other female relative H. Other male relative I. Other female in law J. Other male in law X. Don't know Z. Not asked 	
<p>Q65 How often do you see her/him to talk to face to face?</p> <ul style="list-style-type: none"> 1. Daily 2. 2-3 times a week 3. At least weekly 4. At least monthly 5. Less often 8. No answer 9. Not asked 	<p>Q65 Rate face to face contact only not telephone calls.</p>
<p>Q66 How often do you speak to your children or other relatives over the phone?</p> <ul style="list-style-type: none"> 1. Daily 2. 2-3 times a week 3. At least weekly 4. At least monthly 5. Less often 8. No answer 9. Not asked 	
<p>FAMILY: Considering the people to whom you are related either by birth or marriage</p>	
<p>Q66-1 How many relatives do you see or hear from at least once a month?</p> <ul style="list-style-type: none"> 0. None 1. One 2. Two 3. Three or four 4. Five to eight 	

<p>5. Nine or more 8. No answer 9. Not asked</p>	
<p>Q66-2 How many relatives do you feel at ease with so that you can talk about private matters?</p> <p>0. None 1. One 2. Two 3. Three or four 4. Five to eight 5. Nine or more 8. No answer 9. Not asked</p>	
<p>Q66-3 How many relatives do you feel close to such that you could call on them for help?</p> <p>0. None 1. One 2. Two 3. Three or four 4. Five to eight 5. Nine or more 8. No answer 9. Not asked</p>	
<p>Q67 Do you attend meetings or any community or social groups?</p> <p>I.E.OVER 60s CLUBS, EVENING CLASSES, BUT NOT ATTENDING CHURCH/MOSQUE</p> <p>0. No 1. Yes, occasionally 2. Yes, regularly 8. No answer 9. Not asked</p>	<p>Q67 Rate 2. Regularly for daily, weekly, monthly or predictably. Rate 1. Occasionally if unpredictably, or regularly less than monthly. Rate 0. For less than yearly.</p>
<p>IF YES ASK Q68 IF NO SKIP TO Q69</p>	

<p>Q68 PLEASE INDICATE WHICH ACTIVITY/ACTIVITIES</p> <ul style="list-style-type: none"> a. Political parties b. Trade Unions (including student unions) c. Environmental groups d. Tenants, residents' groups or neighbourhood watch e. Evening Classes f. U3A g. Other Adult Learning h. Arts, music or singing group i. Charity, voluntary or community group j. Group for older people (e.g. lunch club) k. Youth group (e.g. scouts/guides/youth club) l. Womens Institute, Townswomens Guild m. Social club,(Rotary, working mens club) n. Sports club, gym, exercise/dance group o. Other group or organization <p>Q68-1 Do you attend any religious meetings?</p> <ul style="list-style-type: none"> 0. No 1. Yes, occasionally 2. Yes, regularly 8. No answer 9. Not asked 	
<p>How often do you take part in the following activities</p> <p>Q69 Listening to the Radio</p> <ul style="list-style-type: none"> a. Once a year or less b. Several times a year c. Several times a month d. Several times a week e. Every day or almost every day 	
<p>Q70 Read a newspaper</p> <ul style="list-style-type: none"> a. Once a year or less b. Several times a year c. Several times a month 	

<p>d. Several times a week e. Every day or almost every day</p>	
<p>Q71 Read a magazine</p> <p>a. Once a year or less b. Several times a year c. Several times a month d. Several times a week e. Every day or almost every day</p>	
<p>Q72 Read a book</p> <p>a. Once a year or less b. Several times a year c. Several times a month d. Several times a week e. Every day or almost every day</p>	
<p>Q73 Playing games such as cards, chess</p> <p>a. Once a year or less b. Several times a year c. Several times a month d. Several times a week e. Every day or almost every day</p>	
<p>Q74 Crosswords</p> <p>a. Once a year or less b. Several times a year c. Several times a month d. Several times a week e. Every day or almost every day</p>	
<p>Q75 Puzzles</p> <p>a. Once a year or less b. Several times a year c. Several times a month d. Several times a week e. Every day or almost every day</p>	
<p>Q76 Do you have friends in this Community / neighbourhood?</p> <p>0. No 1. Yes</p>	

IF NO GO TO 77	
<p>Q76-1 How often do you have a chat or do something with one of your friends?</p> <p>0. No friends/Never 1. Daily 2. 2-3 times a week 3. At least weekly 4. At least monthly 5. Less often 8. No answer 9. Not asked</p>	
<p>Friendships: Considering all of your friends including those who live in your neighbourhood:</p>	
<p>Q76-2 How many of your friends do you see or hear from at least once a month?</p> <p>0. None 1. One 2. Two 3. Three or four 4. Five to eight 5. Nine or more 8. No answer 9. Not asked</p>	
<p>Q76-3 How many friends do you feel at ease with so that you can talk about private matters?</p> <p>0. None 1. One 2. Two 3. Three or four 4. Five to eight 5. Nine or more 8. No answer 9. Not asked</p>	
<p>Q76-4 How many friends do you feel close to such that you could call on them for help?</p> <p>0. None</p>	

<ul style="list-style-type: none"> 1. One 2. Two 3. Three or four 4. Five to eight 5. Nine or more 8. No answer 9. Not asked 	
<p>Q77 How often do you see any of your neighbours to have a chat or do something with?</p> <ul style="list-style-type: none"> 0. No contact with neighbours/Never 1. Daily 2. 2-3 times a week 3. At least weekly 4. At least monthly 5. Less often 8. No answer 9. Not asked 	<p>Q77 Rate 'face to face' rather than telephone calls</p>
<p>Q78 Is there anyone who is frail or unwell and needs your help with day to day tasks.</p> <ul style="list-style-type: none"> 0. No 1. Yes 8. Don't know 9. Not asked 	
<p>IF YES ASK Q79</p>	
<p>Q79 Is your help required due to</p> <ul style="list-style-type: none"> 1. Mental frailty 2. Physical frailty 3. Both. 	
<p>Q80 In general, do you get out and about as much as you would like to?</p> <ul style="list-style-type: none"> 0. No 1. Yes 8. Don't know 9. Not asked 	
<p>Q81 Proxy answered background and social contacts sections.</p>	

1. Subject 2. Proxy	
<u>WORRY</u> Now I'd just like to ask you some questions about how you have been feeling lately.	
Q82 Do you have any worries 0. No 1. Some worries 8. No answer 9. Not asked	
Q83 Do you worry about your own health? 0. No 1. Yes 8. No answer 9. Not asked	
Q84 What about someone else's health? Such as a relatives health? 0. No 1. Yes 8. No answer 9. Not asked	
Q85 Do you worry about money? 0. No 1. Yes 8. No answer 9. Not asked	
Q86 Or about family problems other than health? 0. No 1. Yes	

<p>8. No answer 9. Not asked</p>	
<p>Q87 Do you feel more tense and worry more than usual about little things?</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	
<p>IF NO WORRIES MENTIONED SKIP TO Q90</p>	
<p>Q88 How much do you worry?</p> <p>0. Not unduly 1. Worries a lot about 1 or 2 things. 2. Is a worrier 3. Both 1 & 2 8. No answer 9. Not asked</p>	<p>Q88 The question refers to undue worry as R defines it. Rate only if R regards worrying as a substantial part of his / her behaviour.</p>
<p>Q89 Does this worrying bother you a lot? Is it unpleasant? (Can you stop yourself worrying?) Do the thoughts keep coming back?</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	<p>Q89 Rate positive only for unpleasant worrying which returns repeatedly or which cannot be stopped. It is not imperative that the worrying be out of proportion to the event but in practice this will often be the case.</p>
<p>IF THE RESPONDENT HAS SAID THEY HAVE CHILDREN ASK Q90 OTHERWISE SKIP TO Q92</p>	
<p>Q90 Is there anything about your relationship with your children that bothers or upsets you? (If YES: what?)</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	<p>Q90 Rate 1 if R seems unusually bothered by the relationship.</p>

Q91 Specify what?	
<u>GENERAL ANXIETY</u>	
<p>Q92 Do you get frightened? (very anxious) (If YES: has that happened lately?) (What made you feel that way?)</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No answer 9. Not asked</p>	<p>Q92-Q93 <u>All forms</u> of free floating subjective fear, apprehension and anxiety are rated here including the anxiety which may accompany delusions. <u>Do not confuse anxiety with worry</u>, which is not necessarily accompanied by anxiety nor with depressive mood, nor tension which is experienced physically, e.g. in the muscles.</p>
<p>Q93 Have you had attacks of fear or panic when you had to do something about it? (e.g. like running out of the room) or felt you would collapse or lose control of yourself?</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No answer 9. Not asked</p>	
<p>Q94 Are there any special situations which make you anxious e.g. leaving home alone, going into shops or crowds?</p> <p>0. No 1. Yes (specify) 8. No answer 9. Not asked</p>	
<p>Q95 Specify special situations which make you anxious.</p> <p>Text.....</p>	
<p>Q96 Have you felt your heart pound, when it was not due to exercise, in the last month? (If YES: what was happening at the time?)</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No answer</p>	<p>Q96-Q97 These questions seek to establish the presence of autonomic symptoms and to distinguish them from those due to exercise or heat or cold.</p>

9. Not asked	
<p>Q97 Have you felt yourself trembling, when it was not due to exercise in the last month? What was happening at the time?</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No answer 9. Not asked</p>	
<p>98 RATE OTHER BODILY FEATURES OF ANXIETY</p> <p>0. No 1. Mild 2. Severe 8. No answer</p>	<p>98 Rate if the subject is obviously not at ease e.g. if they are agitated, shaking, rubbing their hands, shifting position, plucking at their clothes</p>
<p><u>DEPRESSION</u></p> <p>Q99 Have you been sad (depressed, miserable, in low spirits, blue) recently?</p> <p>0. No 1. Rarely 2. Often/all the time 8. No answer 9. Not asked</p> <p>IF =2 ASK Q100, Otherwise skip to Q101</p>	<p>Q99 Rate feelings of sadness, being miserable and low-spirited. Older people may not understand the term depression. They may, therefore, respond to one of the other terms. Do not rate if the term depression is used to describe a mood which is distinct from clinical depression e.g. boredom. You are not concerned here with minor changes.</p> <p>When depressive mood is very severe it pervades all of the individual's mental activity. About one third of older people deny depressive mood but clearly exhibit the other symptoms of depression.</p> <p>If R denies depressive mood it should be rated 0, but you should be vigilant for other signs of depression, especially evidence of depression on observation, and rate these later, if present.</p> <p>You must avoid assuming that because R is of an advanced age or is suffering from severe physical illness, that when depression is expressed it is a normal phenomenon. <u>Such depression should be rated on the value of the mood itself and not its association with age or illness.</u></p> <p>Depression must not be confused with nervous</p>

	tension nor anxiety which may, however, coexist.
<p>Q100 Have you felt like this continuously for the last two weeks.</p> <p>0. No 1. Yes</p>	
<p>Q101 Have you cried at all? (How often?)</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No answer 9. Not asked</p>	<p>Q101-Q102 You should avoid rating crying due to some recognised stimulus (e.g. receiving distressing news where the reaction seems to be reasonable) but rate positively if such a reaction is a change from usual behaviour.</p> <p>Rate 1 if crying occurs several times a week, Rate 2 if it occurs nearly every day or more frequently.</p>
IF Q101 = 2 SKIP TO Q103	
<p>Q102 Have you felt like crying (wanted to cry) without actually weeping? (How Often?)</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No Answer 9. Not Asked</p>	
<p>103 RATE: ADMITS TO DEPRESSION, CRYING OR FEELING LIKE CRYING.</p> <p>0. No 1. Yes</p> <p>IF NO SKIP TO Q115</p>	
<p>Q104 Is the depression/crying/feeling like crying there most of the time?</p> <p>0. No</p>	

<p>1. Yes 8. No answer 9. Not asked</p>	
<p>Q105 How long does it last? (Just a few hours at a time or longer than that?) RATE FOR MORE THAN THE OCCASIONAL FEW HOURS.</p> <p>0. Less than a few hours 1. Yes, more than a few hours 8. No answer 9. Not asked</p>	
<p>Q106 How often have you felt like this? (In the last month) RATE FOR AT LEAST 2 CONTINUOUS WEEKS IN THE LAST MONTH.</p> <p>0. Less than 2 continuous weeks 1. At least 2 continuous weeks 8. No answer 9. Not asked</p> <p>If = 1 ask Q107 Otherwise skip to Q108</p>	
<p>Q107 Have you felt like this continuously for the last two months?</p> <p>0. No 1. Yes</p>	
<p>Q108 Is this different from your usual feelings of sadness?</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	
<p>Q109 Is there any reason why you have become depressed, crying etc? (Why you are feeling like this?)</p> <p>0. No 1. Bereavement</p>	<p>Q109 Rate most important event</p>

<p>2. Other (specify) 8. No answer 9. Not asked</p>	
<p>Q110 Specify other reason why become depressed/feel like this.</p> <p>Text.....</p>	
<p>Q111 Are there times when you feel more or less back to your normal self?</p> <p>0. No (always depressed) 1. Yes (fluctuating mood) 2. Yes (extreme pattern) 8. No answer 9. Not asked</p>	<p>Q111-Q112 These identify depression which is pervasive.</p> <p>Q111 Rate as present only if fluctuations are prominent from whatever cause with periods of near normality, perhaps during pleasant visits from friends or relatives.</p> <p>1. Fluctuating mood: sometimes normal sometimes low. 2. Extreme pattern: very low alternating with being high (on top of the world)</p>
<p>Q112 What time of day do you feel the worst?</p> <p>1. Morning predominantly 2. Afternoon predominantly 3. Evening predominantly 4. Severe all day 5. None of these 8. No answer 9. Not asked</p>	<p>Q112 <u>Make absolutely certain that depressive mood is being rated.</u></p> <p>Some respondents with arthritis will reply positively to this item but they are actually referring to the pain and stiffness of their joints.</p>
<p>Q113 What relieves the depression? (these feelings)</p> <p>0. Can be relieved 1. Nothing relieves 8. No answer 9. Not asked</p>	<p>Q113 The depth of the depression here is such that no pleasant experience relieves the affect.</p>
<p>IF RATED 0 ASK Q114, IF RATED 1 SKIP TO Q115</p>	

<p>Q114 How long is it relieved for? RATE WHETHER RELIEVED FOR SEVERAL HOURS AT A TIME BY HAVING VISITORS, ENTERTAINMENT.</p> <p>0. Is relieved 1. Relieved to some extent 2. NOT relieved 8. No answer 9. Not asked</p>	<p>Q110 Although some pleasant experiences may relieve the affect, neither having visitors nor entertainment produces any prolonged relief, although relief for an hour or two may occur</p>
<p>Q115 Have you felt that life was not worth living (in the last month)?</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No answer 9. Not asked</p>	<p>Q115 This item is sometimes given a positive answer by those who give no other appearance of being depressed. It should nevertheless be rated positively.</p>
<p>Q116 How do you see (feel about) your future? IF EVASIVE ASK Is there something about the future that you do not like to think about?</p> <p>1 Optimistic 2. Empty expectations (live day to day) 3. Pessimistic 8. No answer 9. Not asked</p>	<p>Q116 <u>Do not take age into consideration.</u> Contrary to belief older people of advanced age are not normally pessimistic about their future, even though in realistic terms this is likely to extend for only a year or two before death. They may not have exciting plans like younger people, but may live contentedly from 'day-to-day' often looking forward to simple pleasures.</p> <p>Rate 2 if R is not particularly interested in the future, does not look forward to it, <u>but it is not viewed as bad or worrisome.</u></p>
<p>IF 1 SKIP TO ITEM 126</p>	
<p>Q117 How do you feel things will work out for you in the future? (What are your hopes for the future?) RATE SEES NO FUTURE AT ALL OR FUTURE BLEAK OR UNBEARABLE.</p> <p>0. Alright/bearable</p>	<p>Q117 Rate unrealistic pessimism here for those who view their future as bleak, dark, unbearable etc. This is an important symptom of severe depression when there is usually no doubt about its presence.</p>

<p>1. Does seem bleak/unbearable</p> <p>8. No answer</p> <p>9. Not asked</p>	
<p>Q118 Have you felt really hopeless (despairing)?</p> <p>0. No</p> <p>1. Yes</p> <p>8. No answer</p> <p>9. Not asked</p>	
<p>IF Q117 & Q118 ARE RATED 1 ASK Q119, OTHERWISE SKIP TO ITEM 126</p>	
<p>Q119 Have you felt like this continuously for the last two months?</p> <p>0. No</p> <p>1. Yes</p>	
<p>Q120 Why is that?</p> <p>0. Pessimism warranted</p> <p>1. Pessimism NOT warranted</p> <p>8. No answer</p> <p>9. Not asked</p>	<p>Q120 Rate 0 for those whose pessimism seems realistically based e.g. they know they are suffering from a fatal disease. Do not automatically rate 0 for those with a physical illness unless it is gross or severe.</p>
<p>Q121 Have you ever felt that you'd rather be dead? (Because life has become a burden to you?) Have you ever felt you wanted to end it all? (Have you ever thought of doing anything about it yourself?) (Killing yourself?)</p> <p>0. No, (never thought)</p> <p>1. Yes, (ever thought)</p> <p>8. No answer</p> <p>9. Not asked</p>	
<p>IF RATED 1 ASK Q122, OTHERWISE SKIP TO ITEM 126.</p>	
<p>Q122 When was that? Have you felt like that, recently? (In the last month?)</p> <p>0. No</p> <p>1. Sometimes in the last month</p> <p>2. Sometimes in the last year</p>	

<p>3. Both in the last month & year 8. No answer 9. Not asked</p>	
<p>IF RATED 1 ASK Q123, OTHERWISE ASK Q124</p>	
<p>Q123 How much of the time? RATE FOR AT LEAST 2 WEEKS IN THE LAST MONTH.</p> <p>0. Less than 2 weeks 1. Yes, mildly 2. Yes, severely 8. No answer 9. Not asked</p>	
<p>IF RATED 1 OR 2 ASK Q124 OTHERWISE SKIP TO ITEM 126</p>	
<p>Q124 Did you actually try anything? If ,YES when was that? What did you do? (or plan to do?) Why do you think you felt that way?</p> <p>0. No 1. Rejected suicide but wanted to die 2. Planned or tried to kill self 8. No answer 9. Not asked</p>	<p>If RATED 1=YES please provide additional information.</p>
<p>Q125 Specify what did you do/plan to do?</p> <p>Text.....</p>	
<p>Q126 Have you consulted a doctor about (any/these) (emotional) problems, or problems with your nerves? (Perhaps if you were depressed or anxious, or found that you couldn't enjoy yourself.)</p> <p>0. No 1. Yes, sounds like depression 2. Yes, sounds like anxiety 3. Yes, other 8. No answer</p>	

9. Not asked	
IF RATED NO SKIP TO Q131	
Q127 What did the doctor say you had? 1. Depression 2. Manic depression 3. Other/non-specific 8. No answer 9. Not asked	
Q128 Did your GP arrange for you to see a specialist? 0. No 1. Yes 8. No answer 9. Not asked	
Q129 Did you go into hospital? 0. No 1. Yes 8. No answer 9. Not asked	
Q130 What treatment did you have? 0. No treatment 1. Drugs 2. ECT 3. Both 4. Other/Counseling 8. No answer 9. Not asked	
131 OBSERVATION LOOKS OR SOUNDS TENSE, WORRIED, DEPRESSED OR FEARFUL. 0. No/Fleeting or minor 1. Excessive, sometimes 2. Excessive, much of the time	
IF 0 SKIP TO Q136	
132 OBSERVATION LOOKS OR SOUNDS TENSE OR WORRIED. 0. No/Fleeting or minor	

<ol style="list-style-type: none"> 1. Excessive, sometimes 2. Excessive, much of the time 	
<p>133 OBSERVATION LOOKS OR SOUNDS SAD GLOOMY, MOURNFUL OR DEPRESSED.</p> <ol style="list-style-type: none"> 0. No/Fleeting or minor 1. Excessive, sometimes 2. Excessive, much of the time 	<p>Q133 Rate R's appearance or presentation of verbal material but <u>not its content</u>, although it would be unusual for the presentation not to be congruent with the content.</p>
<p>134 OBSERVATION LOOKS OR SOUNDS APPREHENSIVE OR FEARFUL.</p> <ol style="list-style-type: none"> 0. No/Fleeting or minor 1. Excessive, sometimes 2. Excessive, much of the time 	
<p>135 OBSERVATION EYES MOIST: TEARFUL OR CRYING</p> <ol style="list-style-type: none"> 0. No/Fleeting or minor 1. Excessive, sometimes 2. Excessive, much of the time 	
<p>This next section of questions is about your memory. *Q136 Have you ever had any difficulty with your memory?</p> <ol style="list-style-type: none"> 0. No 1. Yes 8. No answer 9. Not asked 	
<p>IF YES ASK Q137 OTHERWISE SKIP TO Q138</p>	
<p>*Q137 Was/is that a problem for you?</p> <ol style="list-style-type: none"> 0. No 1. Yes, moderate 2. Yes, severe 	<p>Q137 Rate as a problem if the respondent says that it is a problem</p>

<p>8. No answer</p> <p>9. Not asked</p>	
<p>*Q138 Have you tended to forget things recently?</p> <p>0. No</p> <p>1. Yes, several times a week</p> <p>2. Yes, at least daily</p> <p>8. No answer</p> <p>9. Not asked</p>	<p>Q138 For this and the next two questions, rate only problems. DO NOT rate transient mistakes,</p> <p>A RATING of 1 implies it causes difficulty several times a week.</p> <p>A RATING of 2 relates to the frequency of the difficulty</p>
<p>IF RATED 1 or 2 ask Q139 OTHERWISE SKIP TO Q141</p>	
<p>*Q139 What kinds of things? Names of family and close friends?</p> <p>0. No</p> <p>1. Yes, several times a week</p> <p>2. Yes, at least daily</p> <p>8. No answer</p> <p>9. Not asked</p>	<p>Q139 This concerns family and close friends, not persons only met occasionally</p>
<p>*Q140 What about where you have put things?</p> <p>0. No</p> <p>1. Yes, several times a week</p> <p>2. Yes, at least daily</p> <p>8. No answer</p> <p>9. Not asked</p>	<p>Q140 To rate here means that the subject suffers some degree of inconvenience</p>
<p>*Q141 Have you ever been in your own neighbourhood and forgotten your way?</p> <p>0. No</p> <p>1. Yes</p> <p>8. No answer</p> <p>9. Not asked</p>	
<p>*Q142 Do you have to make more effort to remember things than you used to?</p> <p>0. No</p> <p>1. Yes</p> <p>8. No answer</p> <p>9. Not asked</p>	<p>Q142 Rate as present only if this is a constant problem which the subject has to overcome by some strategy</p>

<p>IF YES ASK Q143, OTHERWISE SKIP TO Q145</p>	
<p>*Q143 When did you first notice this beginning?</p> <ol style="list-style-type: none"> 1. Less than 1 year 2. In the last 1-2 years 3. In the last 3-4 years 4. In the last 5-10 years 5. Over 10 years ago 8. No answer 9. Not asked 	
<p>*Q144 Did it come on suddenly?</p> <ol style="list-style-type: none"> 0. Gradual onset 1. Sudden onset 8. No answer 9. Not asked 	
<p>*Q145 Would you say there has been any change in your memory over the last two years.</p> <ol style="list-style-type: none"> 0. No change 1. Better 2. Worse 3. Much worse 8. No answer 9. Not asked 	
<p>*Q146 Do you remember my name? What is it?</p> <ol style="list-style-type: none"> 0. Incorrect 1. Correct 8. No answer 9. Not asked 	<p>Q146 Allow minor mispronunciations.</p> <p>If the subject indicates s/he does not know, ask once, 'Could you try to remember?' If not known, rate as incorrect</p>
<p>Now I would like to see if you can remember the names of two people who are often in the news.</p> <p>*Q147 What is the name of the Prime Minister?</p> <ol style="list-style-type: none"> 0. Incorrect 1. Correct 	<p>Q147 For one month after an election, if the name of the former PM is given say, 'is s/he still Prime Minister?'</p>

<p>8. No answer 9. Not asked</p>	
<p>*Q148 Who was the last Prime Minister?</p> <p>0. Incorrect 1. Correct 8. No answer 9. Not asked</p>	
<p>*Q149 INTERVIEWER RATING IN INTERVIEWER'S OPINION SUBJECT HAS DIFFICULTY WITH THEIR MEMORY.</p> <p>0. No 1. Yes, mild to moderate 2. Yes, severe 9. Inapplicable</p>	<p>Q149 Here you must judge whether there is a genuine difficulty experienced. Many subjects with depression complain about their memory but in practice it does not really present difficulties in daily living. Do not rate minor problems with remembering the names of acquaintances.</p>
<p>*Q150 ERROR BEHAVIOUR RATE IF THERE ARE ANY ERRORS OR 8'S IN ORIENTATION OR MEMORY SECTIONS</p> <p>*Q150 Errors made in clear consciousness.</p> <p>0. No 1. Due to agitation, depression, elation 2. Due to memory defect 3. Due to both 9. Inapplicable</p>	<p>Q150 Clear consciousness - not falling asleep, or under the influence of alcohol or drugs or delirium due to acute physical illness. The individual will be alert, responsive and focused. Agitation: will appear anxious. Depression: typified by slow speech and low mood. Most people with dementia will make an effort, whilst those who are depressed will emanate negative feelings and not try. Elation: typified by fast speech and high mood with an inability to concentrate and easily distracted.</p>
<p>151 Errors made in clouded consciousness.</p> <p>0. No 1. Yes 9. Inapplicable</p>	<p>151 Clouded consciousness - interviewee was falling asleep, under the influence of alcohol, drugs or delirium due to acute physical illness. The individual will be very distractible, unfocused and may drift in and out of consciousness. Often worse in the evening and late afternoon.</p>
<p>Q152 Interviewee's reaction to errors was characteristically bland, indifferent or euphoric.</p> <p>0. No</p>	

<p>1. Yes 9. Inapplicable</p>	
<p>GENERAL MENTAL FUNCTIONING AND THINKING DIFFICULTIES Q153 Do you tend to think and talk about the past more than recent events? IF YES: is this a marked change for you?</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	<p>Older people may complain that they are now able to think less well than they did when they were younger. These <u>presumed age effects are not rated here</u>. Rate here only changes that have occurred recently.</p>
<p>Q154 When speaking, do you have difficulty finding the word you want, or do you sometimes say the wrong word?</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	
<p>Q155 Do you seem to be very slowed down in your thinking recently? Worse than usual?</p> <p>0. No 1. Mild 2. Severe 8. No answer 9. Not asked</p>	<p>Q155 Rate the subjective feeling that his or her thinking has become slow.</p>
<p>*Q156 Do your thoughts get mixed up (muddled)? (So that you cannot get them sorted out?) (Can you think clearly (straight)?) (How long has that bothered you? How often?)</p> <p>0. Not muddled 1. Feeling muddled - mild 2. Feeling muddled - severe 8. No answer 9. Not asked</p>	<p>*Q156 This feeling of being muddled is not to be confused with delusional ideas, thought withdrawal, thought broadcasting etc. Again, it should only be rated if deterioration or onset has occurred recently. It is not to be rated on whether you consider R sounds muddled or not which is rated in item 163.</p>
<p>Q157 Do you find you talk more slowly than is normal for you?</p> <p>0. No 1. Yes 8. No answer</p>	

9. Not asked	
<p>Q158 Do you find it difficult to make up your mind? (To make decisions?) Is that worse than usual?</p> <p>0. No 1. Infrequently 2. Frequently/persistently 8. No answer 9. Not asked</p>	<p>Q158 Here R finds difficulty in coming to decisions quite often about simple everyday matters.</p> <p>e.g. Such as what to cook, what to wear, whether to go to see a friend.</p>
<p>IF RATED 1 OR 2 ASK Q159 OTHERWISE SKIP TO Q161</p>	
<p>Q159 How long has that bothered you? How often? RATE PRESENT MOST DAYS FOR AT LEAST TWO WEEKS.</p> <p>0. Not most days 1. Mild 2. Severe 8. No answer 9. Not asked</p>	<p>Q159 Rate as present when either muddled thinking or indecisiveness has been present for most days for at least two weeks in the previous month.</p>
<p>Q160 Have you felt like this continuously for the last two months?</p> <p>0. No 1. Yes</p>	
<p>Q161 How are you coping with the things you have to do every day?</p> <p>0. Coping well 1. Mild feeling of not coping 2. Severe feeling of not coping 8. No answer 9. Not asked</p>	<p>Q161 Rate as present when R feels they are no longer able to undertake daily routines satisfactorily. A feeling that ordinary things are 'getting them down', a feeling that the housework is no longer being done satisfactorily or is getting on top of R, or work is becoming too difficult.</p>
<p>Q162 How confident would you say you felt (in yourself)?</p> <p>0. Confident/No change 1. Mild loss of confidence 2. Severe loss of confidence 8. No answer 9. Not asked</p>	<p>Q162 Rate as present a feeling of lack of confidence which is unusual for R. Depressed people may say they have been lacking in confidence all of their lives. Most normal people when asked this question will not indicate that they are particularly lacking in confidence.</p>

<p>163 OBSERVATION SOUNDS (SEEMS) MUDDLED</p> <p>0. No 1. Mildly muddled 2. Severely muddled 9. Not applicable</p>	<p>163-164 These ratings are made on the basis of your observation of <u>R's performance</u> during the interview, not on R's own subjective impressions.</p> <p>Rate as muddled when R's answers to questions do not make sense.</p>
<p>Q164 OBSERVATION APPEARS INDECISIVE</p> <p>0. No 1. Mildly indecisive 2. Severely indecisive 9. Not applicable</p>	
<p><u>SLOWING</u></p> <p>Q165 Do you think you have slowed down at all as you've got older, such as your walking or doing other physical things?</p> <p>0. No 1. Mildly slowed down 2. Severely slowed down 8. No answer 9. Not asked</p>	<p>Older people often complain of slowing down over the years as they grow older. The ratings in this section are made without trying to distinguish between the effects of physical and psychiatric illness, with the exception of changes due to obvious physical incapacity such as recent stroke, bone fracture etc.</p> <p>Q165 Subjective slowing of movements of any kind complained of by R are rated here.</p>
<p>Q166 Have you had too little energy (to do the things you want to do)? If YES: how long have you had that for?</p> <p>0. No 1. Mild listlessness 2. Severe listlessness 8. No answer 9. Not asked</p>	<p>Q166 The rating is that of subjective feeling of restriction of energy. It must be unpleasant, beyond R's control and out of proportion to the prevailing circumstances.</p>
IF RATED 1 OR 2 ASK Q167,	

OTHERWISE SKIP TO Q169.	
<p>Q167 Are you like that most days? RATE PRESENT MOST DAYS FOR AT LEAST 2 WEEKS.</p> <p>0. Not most days 1. Present - mild 2. Present - severe 8. No answer 9. Not asked</p>	
<p>Q168 Have you felt like this continuously for the last two months?</p> <p>0. No 1. Yes</p>	
<p>Q169 Have you been doing more, less or about the same as usual?</p> <p>0. No change or more 1. Infrequently doing less 2. Frequently/Persistently doing less 8. No answer 9. Not asked</p>	<p>Q169 Rate here restriction on activities due to R's own condition and not those imposed on him/her.</p>
<p>IF RATED 1 OR 2 FOR Q166 & Q169 ASK Q170 OTHERWISE SKIP TO 176</p>	
<p>Q170 Did this slowing (loss of energy / reduced activity) start in the last three months or perhaps get worse in the last three months?</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	<p>Q170 Only subjective slowing, lack of energy or doing less than usual, which has started or become worse in the last three months, and has been present in the last month, is rated here.</p>
<p>Q171 Is there any time of the day when this is at its worst?</p> <p>0. No 1. In the morning 2. In the evening 3. Both equally</p>	

<p>8. No answer 9. Not asked</p>	
<p>Q172 Is it present most days? RATE PRESENT MOST DAYS FOR AT LEAST TWO WEEKS.</p> <p>0. Not most days 1. Mild 2. Severe 8. No answer 9. Not asked</p>	
<p>Q173 Have you felt like this continuously for the last two months?</p> <p>0. No 1. Yes</p>	
<p>Q174 What about when someone visits you or you have to go out? Does that make any difference?</p> <p>0. Does lift 1. Does NOT lift 8. No answer 9. Not asked</p>	<p>Q174 Some mild lack of energy etc. disappears when R is doing something pleasant, in more severe conditions this is not so. Rate only if R is certain it does not improve.</p>
<p>Q175 Have you actually been sitting around a lot (or spending more time in bed than usual) because of lack of energy?</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No answer 9. Not asked</p>	<p>Q175 Rate only if the lack of energy etc is associated with the marked lack of physical activity referred to i.e. sits or lies around because of lack of energy. Do not ask if the respondent is chair or bedfast just rate 9.</p>
<p>176 OBSERVATION VERY SLOW IN ALL MOVEMENTS.</p> <p>0. No 1. Mild 2. Severe 9. Not applicable</p>	<p>176 Rate only if <u>all R's movements are slow</u>. Do not rate if obviously due to physical illness, stroke etc. This sign of retardation is present in certain types of depression and in some other psychiatric conditions.</p>

<p><u>TENSION</u> Q177 Do you get worn out (exhausted)? (IF NO:) What about towards the evening?</p> <p>0. No 1. Mild 2. Severe 8. No answer 9. Not asked</p>	<p>In this section rate for a sensation that is unpleasant, that cannot be overcome and is out of proportion to the prevailing circumstances.</p> <p>Q177 Rate only tiredness that is not readily explained by strenuous activities.</p>
<p>Q178 Do you have difficulty in relaxing (resting)?</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No answer 9. Not asked</p>	<p>Q178 This refers to relaxing physically. As in other symptoms, it must present a problem for the respondent in the last month.</p>
<p>Q179 Do you have headaches?</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No answer 9. Not asked</p>	<p>Q179 Include here any headaches.</p>
<p>IF RATED 1 OR 2 ASK Q180 OTHERWISE SKIP TO Q181</p>	
<p>Q180 Where? What are they like? (How often)? RATE FOR TENSION HEADACHES.</p> <p>0. No 1. Mild 2. Severe 8. No answer 9. Not asked</p>	<p>Q180 Tension headaches are rated here. These are usually expressed as bands around the head, pressure, tension in the back of the neck or tightness, or pressure upon the top of the head. They are not localised to one side of the head as in migraine and they are not accompanied by visual disturbances or nausea. They are not usually made worse by leaning forward or by rapid movement of the head. In addition, tenderness is sometimes complained of in these areas, especially to the touch of a comb.</p>

<p><u>CEREBROVASCULAR FUNCTION</u></p> <p>Q181 Do you often feel dizzy?</p> <p>0. No or rarely 1. More than once per week 8. No answer 9. Not asked</p>	
<p>Q182 Do you have a tendency to fall?</p> <p>0. No or rarely 1. More than once per month 8. No answer 9. Not asked</p>	
<p>Q183 Have you ever suffered from attacks of dizziness in which things seem to spin around you?</p> <p>0. No 1. Yes within the last year 2. Yes, more than 1 year ago</p>	
<p>Q184 Have you ever suffered from... unsteadiness, light headedness or feeling faint?</p> <p>0. No 1. Yes within the last year 2. Yes, more than 1 year ago</p>	
<p>Q185 Have you ever suffered from... attacks of dizziness in which you seem to move?</p> <p>0. No 1. Yes within the last year 2. Yes, more than 1 year ago</p> <p>IF Q183 = 0 AND Q184 = 0 AND Q185 = 0 SKIP TO Q188</p>	

<p>Q186 Nowadays how much does the dizziness or unsteadiness worry, annoy or upset you?</p> <ol style="list-style-type: none"> 0. Do not have problems with dizziness or unsteadiness 1. Not at all annoying 2. Slightly annoying 3. Moderately annoying 4. Severely annoying 	
<p>Q187 Has dizziness or unsteadiness ever stopped you working or carrying out your normal activities for more than one day?</p> <ol style="list-style-type: none"> 0. No 1. Yes, for 1 day or more, but less than 1 week 2. Yes, for 1 week or more, but less than 1 month 3. Yes, for 1 month or more 	
<p>188 OBSERVATION INTERVIEWEE LOOKS EMACIATED, FRAIL, OR PHYSICALLY ILL</p> <ol style="list-style-type: none"> 0. No 1. Mild 2. Severe 9. Not applicable 	<p>188 This is a global rating concerning the <u>conspicuous</u> presence of physical illness (examples would be extreme pallor, central cyanosis or breathlessness at rest) or handicap, including severe degrees of emaciation or frailty (for example, very weak).</p>
<p>189 OBSERVATION: ONE OR MORE LIMBS APPEAR TO BE WHOLLY OR PARTIALLY PARALYSED, OR ONE SIDE OF THE FACE. (AS IN THE AFTERMATH OF A STROKE)</p> <ol style="list-style-type: none"> 0. No 1. Yes, left sided paralysis 2. Yes, right sided paralysis 3. Other 9. Not applicable 	<p>189 A positive rating would normally indicate the aftermath of a stroke.</p>
<p>IF RATED 1, 2 OR 3 ASK Q190</p>	

OTHERWISE SKIP TO Q191	
<p>Q190 What did your doctor say was wrong with your? Was the possibility of a stroke mentioned?</p> <ol style="list-style-type: none"> 0. No stroke 1. Probable stroke 2. Certain stroke 8. No answer 9. Not asked 	<p>Q190 Accept here R's belief that they have had a stroke, unless it is clearly false. If R is uncertain, ask about transient weakness in an arm or leg, and particularly an arm or leg on the same side of the body.</p>
<p><u>SOMATIC DYSFUNCTION</u></p> <p>Q191 What has your appetite been like? Do you enjoy your food? In the last month, have you been eating more or less than usual?</p> <ol style="list-style-type: none"> 0. No change in appetite 1. Mild decrease in desire for food 2. Severe decrease in desire for food 3. Mild increase in desire for food 4. Severe increase in desire for food 8. No answer 9. Not asked 	<p>Q191Rate here either a <u>diminution of the desire for food</u> or a <u>marked increase</u>. Some individuals will continue to eat because they know that not taking a meal can weaken them physically, although they may have lost the desire for food. A marked increase may take the form of binge eating or a general increase in the consumption of carbohydrates. Usually R will find it difficult to control.</p>
<p>IF RATED 1 OR 2 ASK Q192, IF RATED 3 OR 4 ASK Q193, IF NEITHER SKIP TO Q194</p>	
<p>Q192 Why is that?</p> <ol style="list-style-type: none"> 0. NO medical condition or nausea 1. Poor appetite due to illness or nausea 8. No answer 9. Not asked 	<p>Q192 Try here to <u>exclude</u> any medical condition or bodily ailment (including alcohol abuse and heavy smoking) as causes of appetite loss. If none of these explains poor appetite rate 0.</p>
<p>Q193 Has it been like that most days in the last month?</p> <ol style="list-style-type: none"> 0. No 1. Poor appetite most days for at least 2 weeks 2. Increased appetite most days for at least 2 weeks 8. No answer 	

9. Not asked	
<p>Q194 Have you lost any weight during the past three months? (Have you gained weight?) About how much? How much in the last month?</p> <p>0. No weight change 1. Lost 10lbs or more in last month 2. Lost 10lbs or + in last 3 months 3. Lost 10lbs or + in last 6 months 4. Gained 10lbs or + in last month 5. Gained 10lbs or + in last 6 months 8. No answer 9. Not asked</p>	
<p>I would now like to ask a few questions about your eating habits. How often do you eat the following foods?</p>	
<p>Q195 Fresh Fruit</p> <p>0 Never 1 Seldom 2 Once a week 3 2-4 times a week 4 5-6 times a week 5 Once or more daily 7 Don't know 8 No answer 9 Not asked.</p>	<p>Q195 Fresh fruit (e.g. apples, oranges, pears)</p>
<p>Q195-1 How many servings of any fruit do you have in a day?</p> <p>Nn number of servings 88 No answer 99 Not asked</p>	<p>Any fruit at all – fresh, frozen, tinned or dried. A serving is either a piece of large fruit or a fist sized amount of smaller fruits such as grapes or berries. For this and the following 5 questions with the same format allow the respondent to decide what constitutes an average day.</p>
<p>Q196 Green leafy vegetables</p> <p>0 Never 1 Seldom 2 Once a week</p>	<p>Q196 Green leafy vegetables (e.g. cabbage, broccoli)</p>

<p>3 2-4 times a week 4 5-6 times a week 5 Once or more daily 7 Don't know 8 No answer 9 Not asked.</p>	
<p>Q197 Other vegetables 0 Never 1 Seldom 2 Once a week 3 2-4 times a week 4 5-6 times a week 5 Once or more daily 7 Don't know 8 No answer 9 Not asked.</p>	<p>Q197 Other vegetables (e.g. peas, carrots, beans, tomatoes)</p>
<p>Q197-1 How many servings of any vegetables do you have in a day? Nn number of servings 88 No answer 99 Not asked</p>	<p>Include all vegetables, fresh, frozen or tinned. Do not include potatoes. A serving is a fist sized amount.</p>
<p>Q198 Fatty fish 0 Never 1 Seldom 2 Once a week 3 2-4 times a week 4 5-6 times a week 5 Once or more daily 7 Don't know 8 No answer 9 Not asked.</p>	<p>Q198 Fatty fish (e.g. herring, salmon, sprats, pilchards, mackerel)</p>
<p>Q199 Other fish 0 Never 1 Seldom 2 Once a week 3 2-4 times a week 4 5-6 times a week 5 Once or more daily</p>	<p>Q199 Other fish (e.g. cod, tuna, haddock)</p>

<p>7 Don't know 8 No answer 9 Not asked.</p>	
<p>Q199-1 How many servings of any meat, fish, eggs or beans do you have in a day?</p> <p>Nn number of servings 88 No answer 99 Not asked</p>	<p>This includes any non-dairy sources of protein.</p>
<p>Q200 Wholemeal/brown bread</p> <p>0 Never 1 Seldom 2 Once a week 3 2-4 times a week 4 5-6 times a week 5 Once or more daily 7 Don't know 8 No answer 9 Not asked.</p>	
<p>Q200-1 How many servings of bread, rice, pasta or potatoes do you have in a day?</p> <p>Nn number of servings 88 No answer 99 Not asked</p>	<p>Include any starch foods</p> <p>Serving of bread, rice etc:= tea-cup size of cooked rice or pasta, 2 medium slices bread or 1 roll, fist sized amount of potatoes, half naan bread, quarter of a bagel.</p>
<p>Q200-2 How many servings of milk or dairy foods do you have in a day?</p> <p>Nn number of servings 88 No answer 99 Not asked</p>	<p>Include milk, cream, yoghurt and cheese</p> <p>Serving of milk, dairy etc: = 1 tea-cup of milk, 1 slice of processed cheese or triangle, 3 cubes of cheese (unspecified), half tea-cup cottage cheese, small pot of yogurt</p>
<p>Q200-3 How many servings of cakes, biscuits, sweets and sugary drinks do you have in a day?</p> <p>Nn number of servings 88 No answer 99 Not asked</p>	<p>Include foods and drinks high in fat and / or sugar</p> <p>Serving of cakes, biscuits etc:=1 small slice of cake, 2 plain biscuits, 1 chocolate biscuit, 1 glass squash</p>
<p>SLEEP SECTION</p>	

<p>Q201 Have you had any trouble sleeping recently?</p> <p>0. No trouble/no change in pattern 1. Yes 8. No answer 9. Not asked</p>	<p>Q201 This item refers to any type of sleep disturbance which R has noticed. If R has recently been admitted to an institution, sleep performance should be assessed on the one month prior to admission.</p>
<p>IF YES ASK Q202, OTHERWISE SKIP TO Q211</p>	
<p>Q202 Have you taken anything to help you sleep? Does it help?</p> <p>0. Not taken anything 1. Mild/Infrequent problems despite 2. Severe/Persistent problems despite 3. Taken & no problems 8. No answer 9. Not asked</p>	<p>Q202 Rate here for the use of medication or alcohol to aid sleep. Medication refers to specific sleeping tablets or certain sedatives which are being used for the purpose of inducing or assisting the onset of sleep.</p>
<p>Q203 How long has it been going on for? What used to happen?</p> <p>0. No persistent problem 1. Mild marked insomnia 2. Severe marked insomnia 3. Mild marked excessive sleep 4. Severe marked excessive sleep 8. No answer 9. Not asked</p>	<p>Q203 Rate for excessive sleep if R feels the need for several hours more sleep a night than usual and probably awakens the next morning still feeling tired. Rate most nights for at least two weeks in the last month.</p>
<p>204 RATE HAS INSOMNIA MOST OF THE NIGHT AND SLEEPS <u>MAINLY</u> DURING THE DAY (If not established ASK When do you get any sleep?)</p> <p>0. No 1. Infrequent 2. Frequent/Persistent 8. No answer 9. Not asked</p>	<p>204 Rate here a reversal of sleep pattern whereby R lies awake most of the night or fails to go to bed and sleeps mainly during the day time.</p>
<p>Q205 Have you had difficulty falling</p>	<p>Q191 Rate as present if R is aware of a</p>

<p>asleep (getting off to sleep)? Do you lie awake for long periods of time (waiting for sleep)?</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	<p>difficulty in getting to sleep. If taking sleeping tablets, ask how successful s/he would be in getting to sleep if they were not taken. For a positive rating the symptoms should have been present for several consecutive days.</p>
<p>Q206 Is your sleep interrupted during the night?</p> <p>0. No 1. Infrequent 2. Frequent/Persistent 8. No answer 9. Not asked</p>	<p>Q206 Rate only if interrupted nights have lasted several consecutive days. <u>Ignore here the cause of interrupted sleep.</u> If R is taking sleeping tablets, rate how s/he considers they would sleep without them.</p>
<p>IF RATED NO SKIP TO 208, IF YES CONTINUE TO Q207</p>	
<p>Q207 RATE SLEEP INTERUPED DURING THE NIGHT MOST NIGHTS FOR AT LEAST TWO WEEKS IN THE LAST MONTH.</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	
<p>Q208 Have you recently been waking up early in the morning and found it impossible to get back to sleep? What time would that be? Is that your usual time? How often has it happened?</p> <p>0. No 1. Sometimes 2. Most of the time 8. No answer 9. Not asked</p>	<p>Rate as present only if there has been a <u>recent change in usual sleeping time.</u></p> <p>Rate as present only if R awakens at least two hours before the normal time of awakening and cannot go back to sleep. It is particularly important to enquire about the normal time of awakening as many older people awaken earlier in the morning naturally, or continue to do so after they have retired from the job which necessitated it</p>
<p>209 RATE AWAKENS EARLY BY 2 HOURS OR MORE & CANNOT GET</p>	

<p>BACK TO SLEEP, MOST NIGHTS FOR AT LEAST TWO WEEKS IN THE LAST MONTH.</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	
<p>Q210 What wakes you up? (What is the difficulty?) Is it a physical problem like having to pass (water) urine, or pain? Does noise bother you?</p> <p>0. Nothing 1. Mainly physical or noise etc 2. Mild depressed or anxious feelings 3. Severe depressed or anxious feelings 8. No answer 9. Not asked</p>	<p>Q210 Here you must attempt to distinguish between sleep which is interrupted by pain or physical problems - noise etc and interrupted sleep due to psychological factors.</p>
<p><u>LONELINESS</u></p> <p>Q211 Have you preferred to be more on your own recently?</p> <p>0 No 1 Yes 8 No answer 9 Not asked</p>	
<p>Do the following statements apply to you at this time?</p>	
<p>Q211-1 I experience a general sense of emptiness</p> <p>0. No 1. Neither agree nor disagree 2. Yes 8. No answer 9. Not asked</p>	
<p>Q211-2 There are plenty of people I can rely on when I have problems</p>	

<ul style="list-style-type: none"> 0. No 1. Neither agree nor disagree 2. Yes 8. No answer 9. Not asked 	
<p>Q211-3 There are many people I can trust completely</p> <ul style="list-style-type: none"> 0. No 1. Neither agree nor disagree 2. Yes 8. No answer 9. Not asked 	
<p>Q211-4 I miss having people around</p> <ul style="list-style-type: none"> 0. No 1. Neither agree nor disagree 2. Yes 8. No answer 9. Not asked 	
<p>Q211-5 There are enough people I feel close to</p> <ul style="list-style-type: none"> 0. No 1. Neither agree nor disagree 2. Yes 8. No answer 9. Not asked 	
<p>Q211-6 I often feel rejected</p> <ul style="list-style-type: none"> 0. No 1. Neither agree nor disagree 2. Yes 8. No answer 9. Not asked 	
<p>Q211-7 I usually bounce back after difficult and stressful times</p> <ul style="list-style-type: none"> 0. Strongly disagree 1. Disagree 2. Neutral - neither agree nor disagree 3. Agree 	

<p>4. Strongly agree 8. No answer 9. Not asked</p>	
<p>Q212 Do you feel lonely?</p> <p>0. No / Never 1. Infrequently/Sometimes 2. Frequently/Persistently/Often 3. Always 8. No answer 9. Not asked</p>	<p>Q212 Here R simply admits to feeling lonely. The reasons for feeling lonely are not explored and the feeling itself is simply rated. It should fulfil the criteria of being unpleasant and not under voluntary control, but it is not necessarily out of proportion to the circumstances as these in any case would be difficult to judge.</p>
<p>IF RATED 1 OR 2 ASK Q213, OTHERWISE SKIP TO Q216</p>	
<p>Q213 Does it bother you very much (make you feel depressed)? Can you get out if it?</p> <p>0. Not bothered 1. Lonely & cannot get out of it 2. Bothered/depressed by loneliness 3. Both 1 & 2 8. No answer 9. Not asked</p>	<p>Q213 Rate 1 if the feeling of loneliness keeps returning even when R tries to forget about it. Rate 2 if the present loneliness is distressing or R finds it bothersome most of the time.</p>
<p>Q214 Does the possibility (prospect) of being alone (by yourself) in the future worry you?</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	<p>Q214 Rate if R worries about being alone in the future and these worries are particularly unpleasant. If R is already alone rate the worry about continuing to be alone.</p>
<p>215 Proxy answered eating habits and sleep section.</p> <p>1. Subject 2. Proxy</p>	
<p><u>PERSECUTION</u></p> <p>Q216 How do you get on with people generally? Do they make you feel ill at ease?</p> <p>0. No 1. Mildly</p>	

<p>2. Severely 8. No answer 9. Not asked</p>	
<p>Q217 Do you sometimes get the feeling that people are laughing at you, or talking about you?</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No answer 9. Not asked</p>	
<p>IF RATED 1 OR 2 ASK Q218, OTHERWISE ASK Q219</p>	
<p>Q218 Do you think it really is true, or is it perhaps just the way you feel about it? (Are you sure?)</p> <p>0. Probably not true 1. Considers it is true 2. Convinced it is true 8. No answer 9. Not asked</p>	<p>Q218 In this item only morbid exaggeration of self-consciousness is rated. Rate 0 if R cannot help feeling that people are taking notice, criticising etc. but knows that it is probably not so. Rate 1 if R is willing to consider it is probably true but does not insist on its truth. Such a degree of conviction is not necessarily out of proportion to R's circumstances. Do not rate if R is eccentrically dressed or behaves strangely, that is if it is likely that people are giving him/her unusual attention. Rate 2 if R is in no doubt whatsoever that people are laughing and talking about him when as far as you can ascertain it is not true. Rate delusions (firmly held false beliefs) here.</p>
<p>Q219 We can't be expected to get on with everybody. Is there anyone that you have particular difficulty with or (getting on with)?</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	

<p>Q220 Is anyone trying deliberately to harm you or annoy you? RATE UNREALISTIC BELIEF.</p> <ul style="list-style-type: none"> 0. No 1. Yes 8. No answer 9. Not asked 	<p>Q220 This item must fulfill the instructions for delusions. It concerns any unrealistic belief that other persons identified or not identified are deliberately trying to annoy or harm R.</p>
<p>IF Q219 <u>AND</u> Q220 ANSWERED YES ASK Q221, OTHERWISE SKIP TO 232</p>	
<p>Q221 Well I expect you are generally a reasonable person, [so it is probably their fault?] (DO NOT PROBE FURTHER, HERE).</p> <ul style="list-style-type: none"> 0. No 1. Yes, but expresses doubt 2. Yes, no doubts expressed 8. No answer 9. Not asked 	
<p>Q222 Of course, some people can be really unpleasant and that can be upsetting -- Do you suppose they are doing it on purpose to annoy you?</p> <ul style="list-style-type: none"> 0. No 1. Yes 2. Yes, definitely 8. No answer 9. Not asked 	
<p>Q223 What do they do? RATE UNREALISTIC BELIEF THAT PEOPLE ARE DELIBERATELY TRYING TO ANNOY OR HARM.</p> <ul style="list-style-type: none"> 0. Realistic belief 1. Mildly held unrealistic belief 	

<p>2. Severely held unrealistic belief</p> <p>8. No answer</p> <p>9. Not asked</p>	
<p>Q224 Why do they do that do you suppose? Do you believe you've done anything to deserve it?</p> <p>0. No</p> <p>1. Mild belief persecution deserved</p> <p>2. Severe belief persecution deserved</p> <p>8. No answer</p> <p>9. Not asked</p>	<p>Q224 Rate as present if R believes persecution is just, perhaps as a punishment for wrongdoing; perhaps R's own fault or persecutor is blameless.</p>
<p>Q225 Do you really feel strongly about it?</p> <p>0. No</p> <p>1. Mild</p> <p>2. Severe</p> <p>8. No answer</p> <p>9. Not asked</p>	<p>Q225 Rate strength of feeling that the persecution is NOT deserved. Reserve a rating of 2 for considerable anger or distress.</p>
<p>Q226 Do you think you could be mistaken?</p> <p>0. Yes</p> <p>1. Possibly</p> <p>2. Definitely not</p> <p>8. No answer</p> <p>9. Not asked</p>	<p>Q226 Rate 1 if there is any hesitation on R's part. Rate 2 when there is absolute conviction.</p>
<p>IF YES SKIP TO Q231</p>	
<p>Q227 Could they be trying to do you any real harm? (In what way?) For 'upset' read upset/distress/use</p> <p>0. No</p> <p>1. Mild belief trying to upset them</p> <p>2. Severe belief trying to upset them</p> <p>8. No answer</p> <p>9. Not asked</p>	<p>Q227 R is convinced others are trying to cause him/her distress, illness, or to use him/her for their own ends.</p>
<p>228 RATE SUBJECT'S BELIEF SOMEONE'S TRYING TO KILL THEM OR COMMIT SERIOUS PHYSICAL</p>	

<p>HARM.</p> <ul style="list-style-type: none"> 0. No 1. Mild belief trying to kill them 2. Severe belief trying to kill them 8. No answer 9. Not asked 	
<p>Q229 Do they resort to any tricks?</p> <ul style="list-style-type: none"> 0. No 1. Yes 8. No answer 9. Not asked 	
<p>Q230 Do you feel able to tell me who it is?</p> <ul style="list-style-type: none"> 0. Will not disclose 1. Official body/person or organization 2. Private person known or unknown 8. No answer 9. Not asked 	
<p>231 RATE GIVEN THE CONTEXT THE INTERVIEWEE'S BELIEFS ARE</p> <ul style="list-style-type: none"> 0. Likely to be true 1. Unlikely to be true but possible 2. Absurd or almost certainly not true 	<p>231 You may not have the facts of the case in order to make a clear judgement on whether R's beliefs are true or false. However, many beliefs are of such a kind or expressed in such a way as to make their being true very unlikely or even impossible</p>
<p>232 OBSERVATION R LOOKS OR SOUNDS UNDULY SUSPICIOUS.</p> <ul style="list-style-type: none"> 0. No 1. Mild 2. Severe 8. No answer 9. Inapplicable 	<p>232 Even if R has not expressed ideas of persecution they may look suspiciously at you or at the doors or windows. Rate only if this is a feature of R's behaviour at any time in the interview.</p>
<p><u>GUILT</u> Q233 Do you tend to blame yourself or feel guilty about anything? What?</p> <ul style="list-style-type: none"> 0. No 1. Mild regrets - may/may not be justifiable 	<p>Q233 Rate regrets which may or may not be justified.</p>

<p>2. Severe regrets-may/may not be justifiable 8. No answer 9. Not asked</p>	
<p>IF RATED 1 OR 2 ASK Q234, OTHERWISE SKIP TO Q237</p>	
<p>Q234 Is it reasonable? Do you mean you actually feel worthless? RATE OBVIOUS EXCESSIVE GUILT OR SELF BLAME OVER PAST & PRESENT TRIFLES.</p> <p>0. No 1. Mild 2. Severe 8. No answer 9. Not asked</p>	<p>Q234 Rate here a persistent feeling of guilt or unworthiness which is out of proportion to the circumstances and which has been present for most days recently for at least two weeks.</p>
<p>Q235 How long have you felt like this? RATE FEELINGS WORTHLESS OR SEVERE GUILT MOST DAYS FOR AT LEAST 2 WEEKS</p> <p>0. Not most days 1. Mild 2. Severe 8. No answer 9. Not asked</p>	
<p>236 RATE WORTHLESSNESS OR GUILT OF EXCESSIVE OR DELUSIONAL INTENSITY MOST DAYS.</p> <p>0. Not most days 1. Mild 2. Severe 8. No answer 9. Not asked</p>	<p>236 Here the worthlessness and guilt have reached delusional proportions i.e. they are strongly held, or unshakeable and not consistent with R's educational or cultural background and have been present for most days for at least two weeks in the last month.</p>
<p><u>IRRITABILITY</u></p>	
<p>Q237 Have you been more irritable (angry) lately?</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No answer</p>	

9. Not asked	
IF RATED 1 OR 2 ASK Q238, OTHERWISE SKIP TO Q239.	
<p>Q238 For how long in the last month? RATE MOST DAYS FOR AT LEAST 2 WEEKS.</p> <p>0. Not most days 1. Mild 2. Severe 8. No answer 9. Not asked</p>	
<p>Q239 Do you get angry with yourself?</p> <p>0. No 1. Infrequently 2. Frequently/Persistently 8. No answer 9. Not asked</p>	<p>Q239 Some older people will describe becoming angry with themselves due to their disability.</p>
<p><u>INTEREST</u></p> <p>Q240 How is your interest in things? (Do you keep up your interests?)</p> <p>0. No change 1. Less interest-infrequent 2. Less interest-persistent 8. No answer 9. Not asked</p>	<p>The interests that people have vary considerably from one person to another both in type and quantity. Some allowances for this must be taken into consideration when ratings are made.</p> <p>Q240 Rate as present here a definite <u>loss of interest</u> from previous usual behaviour.</p>
<p>Q241 What have you enjoyed doing recently? (Has there been any change?) (Did you use to enjoy doing things?)</p> <p>0. Some enjoyment/no change 1. Almost nothing enjoyed-infrequent 2. Almost nothing enjoyed-persistent 8. No answer 9. Not asked</p>	<p>Q241 Rate as present a feeling of profound loss of any enjoyment in life of recent onset.</p>
IF Q240 & Q241 RATED 1 OR 2 ASK	

Q242 OTHERWISE SKIP TO Q245	
<p>Q242 When did you notice this loss of interest/enjoyment? When did it start?</p> <ul style="list-style-type: none"> 0. Started in the last 3 months 1. Gradual over several years 8. No answer 9. Not asked 	<p>Q242 Rate <u>all types</u> of loss of interest and/or enjoyment here.</p>
<p>Q243 Has it been present recently? For how long? Is it there most days? RATE MOST DAYS IN THE LAST 2 WEEKS.</p> <ul style="list-style-type: none"> 0. Not most days 1. Mild 2. Severe 8. No answer 9. Not asked 	
<p>Q244 Is it that you're too depressed or nervous?</p> <ul style="list-style-type: none"> 0. No 1. Yes 8. No answer 9. Not asked 	
<p><u>CONCENTRATION</u></p> <p>Q245 How is your concentration? Can you concentrate on a television (radio, film) programme? (Can you watch it (listen to it) all the way through?).</p> <ul style="list-style-type: none"> 0. No difficulty concentrating 1. Mild difficulty concentrating 2. Severe difficulty concentrating 8. No answer 9. Not asked 	<p>Concentration may be lost for a number of reasons. However, if there is already evidence of delusions concerning thought (such as thought insertion, broadcasting, delusions of reference to television or radio or the content of reading matter) then a rating of 9 should be recorded for the relevant items.</p> <p>Q245 Do not rate changes in concentration which R attributes to old age. However, R</p>

	might be wrong and if you believe the symptom has occurred only recently it should be rated.
<p>Q246 Do you read? Can you concentrate on something you read? (Can you read it right through?).</p> <p>0. No difficulty concentrating 1. Mild difficulty concentrating 2. Severe difficulty concentrating 8. No answer 9. Not asked</p>	<p>Q246 Rate as for last question. If R is unable to read because of blindness, other visual disturbances or illiteracy rate 9.</p>
<p>Q247 Do you have more difficulty in concentrating than is usual for you?</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p>	
<p>IF YES ASK Q248, OTHERWISE SKIP TO 249</p>	
<p>Q248 How long has this difficulty bothered you? (How often?) RATE DIFFICULTY MOST DAYS FOR AT LEAST TWO WEEKS.</p> <p>0. Not most days 1. Mild 2. Severe 8. No answer 9. Not asked</p>	
<p>249 OBSERVATION OBVIOUS DIFFICULTY IN CONCENTRATING ON INTERVIEW.</p> <p>0. No 1. Mild 2. Severe 9. Inapplicable</p>	<p>249 This is an observational item based on behaviour shown during the interview. It is not to be based on the content of R's replies to questions.</p>
<p><u>PERCEPTUAL DISTORTION</u></p>	<p>In this section only experiences which are</p>

<p>Q250 Does your imagination ever play tricks on you? RATE ABNORMAL PERCEPTUAL EXPERIENCE.</p> <p>0. No 1. Infrequently 2. Frequent/Persistent 8. No answer 9. Not asked</p>	<p>clearly abnormal (i.e. not part of the normal experience of most people) are to be rated. They will nearly always indicate the presence of an illness.</p> <p>Q250 Include illusions where an actual object is perceived but misinterpreted. You should try to obtain a description of the experience before making a positive rating. Transient perceptual abnormalities commonly associated with recent bereavement, e.g. seeing or hearing the voice of loved ones, should be noted.</p>
<p>Q251 Is something odd (strange) going on which you cannot explain?</p> <p>0. No 1. Mildly puzzled 2. Severely puzzled 8. No answer 9. Not asked</p>	<p>Q251 Here R is puzzled because s/he has the strong impression that strange things are happening around them, usually hostile but not necessarily, which they are unable to pinpoint or explain.</p> <p>Rate 2 if R is convinced without adequate evidence.</p>
<p>IF Q250 AND Q251 ARE BOTH RATED 0, 8, OR 9, SKIP TO Q266</p>	
<p>Q252 Do you get strange sensations in your body?</p> <p>0. No 1. Mild 2. Severe 8. No answer 9. Not asked</p>	<p>Q252 Rate for true hallucinations. Vibrations felt throughout the body, (sometimes given a sexual connotation) is a more frequent hallucination.</p>
<p>Q253 Do you smell strange odours (smells) that others do not notice?</p> <p>0. No 1. Infrequently 2. Frequent/Persistent 8. No answer 9. Not asked</p>	

<p>Q254 Do you notice an unusual taste in your food or drink? (What is it like?) (What is it due to?)</p> <ol style="list-style-type: none"> 0. No 1. Infrequent unpleasant taste 2. Persistent unpleasant taste 3. Mild gustatory hallucinations 4. Severe gustatory hallucinations 8. No answer 9. Not asked 	
<p>Q255 Occasionally people have strange experiences, for example, Do you hear things that other people cannot hear? IF YES: (What do you hear?) (What about voices?) (When there is no-one about?) (What do they say?)</p> <ol style="list-style-type: none"> 0. No voices 1. Infrequently hears voices 2. Persistently hears voices 8. No answer 9. Not asked 	<p>Q255 True auditory hallucinations tend to be heard by R through their ears and come from parts outside the body i.e. from the next room or from objects. They sound real to R and are often mistaken for normal voices. R may look round to see where they are coming from and may stuff up their ears to try to prevent hearing them. They usually have no control over them and the words are often heard clearly.</p>
<p>Q256 Do you have visions or see things that are invisible to other people?</p> <ol style="list-style-type: none"> 0. No visions 1. Infrequent visions 2. Persistent visions 8. No answer 9. Not asked 	<p>Q256 True visual hallucinations are also real to the subject. S/he has no control over them. They appear vivid and coloured and can often be described in detail. Visions which occur as the result of a powerful imagination are often described as being in 'the mind's eye'. They are often unclear, shadowy and ill-formed. These are not rated here.</p>
<p>IF RATED 1 OR 2 ASK Q257, OTHERWISE SKIP TO Q259</p>	
<p>Q257 Was it when you were wide awake?</p>	<p>Q257 Rate as present visual hallucinations which were seen when the subject was</p>

<p>0. No 1. Yes 8. No answer 9. Not asked</p>	<p>wide awake i.e. not while in bed either waking up or going to sleep.</p>
<p>Q258 Did you think it was real? 0. No 1. Yes 8. No answer 9. Not asked</p>	<p>Q258 Rate 1 if R has no doubt.</p>
<p>Q259 Do you ever feel that special messages are being sent to you on the TV or radio or that your mind or body are being controlled in other ways? 0. No 1. Yes 8. No answer 9. Not asked</p>	
<p>IF YES ASK Q260, OTHERWISE SKIP TO 261</p>	
<p>Q260 How long has that been happening? _____ Duration in months 888 No answer 999 Not asked</p>	
<p>261 RATE: HAS THE RESPONDENT REPORTED ANY DELUSIONS OR HALLUCINATIONS? 0. No 1. Yes 9. Inapplicable</p>	

<p><u>AFFECTIVE RESPONSE TO DELUSIONS OR HALLUCINATIONS</u></p> <p>Q262 What do you feel about these experiences? (Do you get angry, or sad, or frightened?) (How do you show it?) (Do you even enjoy it?)</p> <p>0. No affective response 1. Mild marked affective response 2. Severe marked affective response 8. No answer 9. Not asked</p>	<p>Q262 A marked affective response is one of depression, elation, irritability, anger or anxiety or any emotion in which R is moved by the experience.</p> <p>Rate 1 if R merely tells of the emotion.</p> <p>Rate 2 if s/he tells and exhibits emotional behaviours on observation.</p>
<p>Q263 Do you deserve it? Is it your fault?</p> <p>0. No 1. Mildly indignant, undeserved 2. Severely indignant, undeserved 3. Mild feeling, deserved punishment 4. Severe feeling, deserved punishment 8. No answer 9. Not asked</p>	<p>Q263</p> <p>Rate 1: if R feels that on the whole the experiences are not deserved. Rate 2: if s/he is quite certain that they are not deserved. Rate 3: if R believes they are on the whole deserved. Rate 4: if quite certain they are deserved.</p>
<p>264 RATE: IS THE RESPONDENT DEPRESSED?</p> <p>0. No 1. Yes 8. No answer 9. Inapplicable</p>	
<p>IF YES RATE 265 OTHERWISE SKIP TO Q266</p>	
<p>265 RATE: HAVE THERE BEEN DELUSIONS OR HALLUCINATIONS FOR AS LONG AS 2 WEEKS IN THE ABSENCE OF PROMINENT MOOD SYMPTOMS (I.E. EITHER BEFORE THE MOOD SYMPTOMS DEVELOPED OR AFTER THEY REMITTED).</p>	<p>265 If the delusions and hallucinations arise from the mood, then they are usually present with the mood.</p> <p>Rate 1 if the delusions or hallucinations have been present for two weeks WITHOUT THE MOOD ALSO BEING</p>

<p>0. Hallucinations with mood symptoms 1. Hallucinations without mood symptoms 8. No answer 9. Inapplicable</p>	<p>PRESENT. This would tend to indicate that the delusions or hallucinations were independent of the mood</p>
<p>The next part of the interview is concerned with memory and concentration and you might need your reading glasses for some of the questions.</p> <p>Some of the questions I am going to ask will seem rather easy. Having said that, no-one is expected to be able to manage them all, so please don't worry if feel you have made a mistake.</p>	<p>This section forms part of the cognitive examination. Some of the items (those marked with a star) are part of the Mini Mental State Examination. If you seem to be losing the subject's co-operation ask these items as a priority.</p> <p>It is important that you speak slowly and clearly. If the subject appears not to have heard or understood, repeat the question (unless the item specifically prohibits repetition). Any item that is not attempted or refused mark as incorrect.</p> <p>DO NOT CORRECT IF A WRONG ANSWER IS GIVEN.</p>
<p>* Q266 What is the season?</p> <p>0. Incorrect 1. Correct 9. Not asked.</p>	<p>Allow flexibility when seasons change March= winter/spring June= spring/summer September= summer/autumn Late Nov/Dec = autumn/winter</p>
<p>Can you tell me where we are now? For instance</p> <p>*Q267 What county are we in?</p> <p>0. Incorrect 1. Correct</p>	

9. Not asked	
<p>*Q268 Name two main streets nearby (or near to your home)</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	Not including R's own street.
<p>*Q269 What floor of this building are we on?</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	
<p>LANGUAGE Now I'm going to ask you to do some things so please listen carefully.</p> <p>DO NOT PROMPT. REPEAT THE ENTIRE INSTRUCTION IF NECESSARY</p> <p>Q270 Before looking at the ceiling please look at the floor.</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	<p>Should the respondent not complete the full sequence then the whole instruction may be repeated, without change in tone or tempo, to ensure that it has been heard and understood.</p> <p>Prompting and coaching stage by stage are not allowed.</p> <p>If respondent is physically incapable code 9 and note why in the vignette.</p>
<p>Q271 Tap each shoulder twice with two fingers keeping your eyes shut.</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	
<p>Q272 Touch your right ear with your left hand.</p> <p>0. Incorrect 1. Correct 9. Not asked</p> <p>IF Q270, Q271 AND Q272 CORRECT SKIP TO Q274 OTHERWISE ASK Q273</p>	

<p>Q273 Please nod your head.</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	
<p>I am going to ask you some questions and would like you to answer yes or no.</p>	
<p>Q274 Are villages larger than towns?</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	
<p>Q275 Was there wireless/radio in this country before television was invented?</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	
<p>IF BOTH Q274 AND Q275 CORRECT SKIP TO Q277, OTHERWISE ASK Q276</p>	
<p>Q276 Is this place a hotel?</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	
<p>SHOW PENCIL *Q277 What is this called?</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	<p>Q277-Q285 For these questions accurate naming is required. Descriptions of function or approximate answers are not acceptable. For example: used to tell the time, for wristwatch, would be incorrect.</p> <p>Present the objects to the subject and allow them to be held. Put the objects out of sight before proceeding. In the case of approximate answers, you should say ‘Can you think of another word for it?’</p>
<p>SHOW WRISTWATCH *Q278 What is this called?</p> <p>0. Incorrect 1. Correct</p>	

9. Not asked	
SHOW ENVELOPE Q279 What is this called? 0. Incorrect 1. Correct 9. Not asked	
Later on I'm going to give you a name and address to write on this envelope. When you have finished doing that I'd like you to do the following: turn it over, seal it, and write you initials on the back. Could you remember to do that then, without me reminding you?	Illustrate the actions whilst giving the instructions.
I am going to show you some pictures of objects. Please tell me the name of each one.	
Q280 SHOW PICTURE OF SHOE 0. Incorrect 1. Shoe, sandal 9. Not asked	
Q281 SHOW PICTURE OF TYPEWRITER 0. Incorrect 1. Typewriter 9. Not asked	
Q282 SHOW PICTURE OF SCALES 0. Incorrect 1. Scales 9. Not asked	
Q283 SHOW PICTURE OF SUITCASE 0. Incorrect 1. Suitcase, portmanteau, case 9. Not asked	
Q284 SHOW PICTURE OF BAROMETER 0. Incorrect	

1. Barometer 9. Not asked	
Q285 SHOW PICTURE OF TABLE LAMP 0. Incorrect 1. Table lamp, lamp 9. Not asked	
Q286 Now I'd like you to tell me as many different words beginning with the letter S as you can think of in one minute Nn Number recorded 99 Not asked	Q286 Record words on a separate sheet. Do not count repetitions and do not allow proper nouns. If respondent get stuck, encourage him/her with 'Can you think of any more?'
Q287 Name as many different animals as you can think of. You will have one minute to do this. Nn Number recorded 99 Not asked	Q287 Record names of animals on a separate sheet. Only if respondent asks for clarification, explain that animals include birds, insects, humans etc. If respondent gets stuck, encourage him/her with 'Can you think of any more?'
Q288 What is a bridge? 0. Incorrect 1. Cross the bridge 2. Goes across a river etc 9. Not asked	
Q289 What is an opinion? 0. Incorrect 1. A good opinion of someone 2. A person's idea about something 9. Not asked.	
IF BOTH Q288 AND Q289 SCORE 2 SKIP TO Q292	
Q290 Where do people usually go to buy medicine?	Correct answer: chemist, pharmacy (accept locally appropriate answer)

<p>0. Incorrect 1. Chemist, pharmacy, surgery, supermarket 9. Not asked</p>	
<p>Q291 What do you do with a hammer?</p> <p>0. Incorrect 1. Any correct use 9. Not asked</p>	<p>Q291 The answer does not have to be specific. If you can't code the answer seek clarification; say 'Can you tell me more about that?'</p>
<p>*Q292 I am now going to say something and I would like you to repeat it after me.</p> <p>No Ifs, ands or buts'</p> <p>0. Incorrect 1. Correct (exact phrase only) 9. Not asked</p>	<p>Q292 Only one presentation is allowed so it is essential that you read the phrase clearly and slowly, enunciating all the S's</p>
<p>MEMORY</p>	
<p>Q293 Can you tell me what were the object in the coloured pictures I showed you a little while ago?</p> <p>Shoe, sandal</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	<p>Q293 This is a test of memory so either a description or accurate names are acceptable.</p> <p>If the respondent incorrectly named an object in the earlier questions (Q280-285) and uses the same name again, count as correct.</p>
<p>Q294 Typewriter</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	
<p>Q295 Scales</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	

Q296	Suitcase, portmanteau, case 0. Incorrect 1. Correct 9. Not asked
Q297	Barometer 0. Incorrect 1. Correct 9. Not asked
Q298	Table lamp, lamp 0. Incorrect 1. Correct 9. Not asked
Q299	SHOW PICTURES FOR RECOGNITION IN HANDBOOK. Which of these did I show you before? Shoe, sandal 0. Incorrect 1. Correct 9. Not asked
Q300	Typewriter 0. Incorrect 1. Correct 9. Not asked
Q301	Scales 0. Incorrect 1. Correct 9. Not asked
Q302	Suitcase, portmanteau, case 0. Incorrect 1. Correct 9. Not asked
Q303	Barometer 0. Incorrect 1. Correct 9. Not asked

<p>Q304 Table lamp, lamp</p> <ul style="list-style-type: none"> 0. Incorrect 1. Correct 9. Not asked 	
<p>Now I'm going to ask you some questions about the past.</p>	
<p>Q305 Who was the US president who was shot in Texas?</p> <ul style="list-style-type: none"> 0. Incorrect 1. John F Kennedy 9. Not asked 	
<p>Q306 What is Yoko Ono famous for?</p> <ul style="list-style-type: none"> 0. Incorrect 1. Wife of Beatle John Lennon 9. Not asked 	
<p>Q307 Who was the first man to set foot on the moon?</p> <ul style="list-style-type: none"> 0. Incorrect 1. Neil Armstrong 9. Not asked 	
<p>Q308 What was Edmund Hilary famous for?</p> <ul style="list-style-type: none"> 0. Incorrect 1. First to reach summit of Mount Everest. 9. Not asked 	
<p>Q309 Who was the first woman Prime Minister of India?</p> <ul style="list-style-type: none"> 0. Incorrect 1. Indira Ghandi 9. Not asked 	
<p>Q310 Who was the famous cinema actress who married Prince Ranier of Monaco?</p> <ul style="list-style-type: none"> 0. Incorrect 1. Grace Kelly 	

9. Not asked	
<p>Q311 Can you tell me when the first world war began?</p> <p>0. Incorrect 1. 1914 within 1 year 9. Not asked</p>	
<p>Q312 Can you tell me when the second world war began?</p> <p>0. Incorrect 1. 1939 within 1 year 9. Not asked</p>	
<p>Q313 Who was the leader of the Germans in the Second World War?</p> <p>0. Incorrect 1. Hitler 9. Not asked</p>	
<p>Q314 Who was the leader of the Russians in the Second World War?</p> <p>0. Incorrect 1. Stalin 9. Not asked</p>	
<p>Q315 What was Mae West famous for?</p> <p>0. Incorrect 1. Entertainer, film star 9. Not asked</p>	
<p>Q316 Who was the famous flyer whose son was kidnapped?</p> <p>0. Incorrect 1. Lindbergh 9. Not asked</p>	
<p>Q317 What is the name of the present King or Queen?</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	

<p>Q318 Who will follow her (him)</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	<p>If respondents jump to William ask who constitutionally will follow her</p>
<p>Q319 What has been in the news in the past week or two?</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	<p>If a general answer is given, e.g. 'War' ask for details.</p>
<p>I am going to say three words. After I have finished saying all three, I want you to repeat them. Remember what they are because I am going to ask you to say them again in a few minutes.</p> <p>NAME THE FOLLOWING 3 WORDS TAKING 1 SECOND TO SAY EACH: Apple, Table, Penny.</p> <p>*Q320 Apple</p> <p>0. Not named on first try 1. Names on first try 9. Not asked</p>	<p>If any errors or omissions are made on the first attempt, repeat all the names until the respondent learns all three (maximum of five repeats). Record number of repeats (record 0 if all correct on first attempt)</p>
<p>*Q321 Table</p> <p>0. Not named on first try 1. Names on first try 9. Not asked</p>	
<p>*Q322 Penny</p> <p>0. Not named on first try 1. Names on first try 9. Not asked</p>	
<p>* Q323 RATE NUMBER OF REPEATS REQUIRED TO GET ALL THREE CORRECT (MAXIMUM OF 6)</p> <p>0. All correct first try</p>	

<ol style="list-style-type: none"> 1. 1 Repeat 2. 2 Repeats 3. 3 Repeats 4. 4 Repeats 5. 5 Repeats 6. 6 Repeats 7. Did not get all 3 correct 	
<p>ATTENTION/ CONCENTRATION</p>	
<p>Q324 Now I would like you to count backwards from 20</p> <ol style="list-style-type: none"> 0. Two or more errors 1. One error 2. Correct 9. Not asked 	<p>Q324 If respondent makes a mistake and spontaneously corrects it, count as correct.</p>
<p>*Q325 Now I would like you to take 7 away from 100. Now take 7 away from the number you got. Now keep subtracting 7 until I tell you to stop.</p> <p>Record answers given in the following format.</p> <p>Nn, nn, nn, nn, nn, 888 No answer 999 Not asked</p>	<p>If the participant needs prompting, it is important not to repeat the answer given by him/her.</p> <p>If the participant asks if the answer is correct, respond with <i>you're doing fine</i> do not say yes or no.</p> <p>If R comes to a halt in the series and gives no answer then code 888 followed by 999</p>
<p>MEMORY RECALL What were the three words I asked you to repeat a little while ago?</p> <p>*Q326 Apple</p> <ol style="list-style-type: none"> 0. Not recalled 1. Recalled 9. Not asked <p>*Q327 Table</p> <ol style="list-style-type: none"> 0. Not recalled 1. Recalled 9. Not asked <p>*Q328 Penny</p>	<p>This is a memory item. If an incorrect word was consistently repeated, e.g. stable instead of table, and is recalled here, count as correct.</p>

<p>0. Not recalled 1. Recalled 9. Not asked</p>	
<p>LANGUAGE: READING COMPREHENSION</p> <p>*Q329 Read this page and then do as it says. SHOW READING COMPREHENSION ON CARD – CLOSE YOUR EYES.</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	<p>It is not necessary for the respondent to read aloud. If respondent reads instruction but fails to carry out action, say ‘Now do what it says’.</p> <p>Rate 1 only if action is carried out correctly.</p>
<p>Q330 Now this page. SHOW READING COMPREHENSION – IF YOU ARE OLDER THAN 50 PUT YOUR HANDS BEHIND YOUR HEAD</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	
<p>PRAXIS</p>	
<p>*Q331 Please would you copy this design. OFFER DRAWING SHEET PENTAGON</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	<p>Each pentagon should have 5 clear sides and 5 clear corners and overlap should form a diamond.</p>
<p>Q332 And now this design – SPIRAL</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	<p>Q332 Three connected loops are required in the correct orientation.</p>
<p>Q333 And now this – 3D HOUSE</p>	<p>Q333 Requires windows, door, and chimney in correct position and in 3D</p>

<p>0. Incorrect 1. Correct 9. Not asked</p>	<p>representation with all angles. Smoke may be omitted.</p>
<p>Q334 Draw a large clock face and put all the numbers in.</p> <p>A. Clock Face 0. Incorrect 1. Correct (circle or square) 9. Not asked</p>	<p>Q334 'Large' is important; to enable all the numbers to fit in. Square or round is acceptable. If the only numbers marked are for each quarter of an hour, prompt for all numbers.</p>
<p>Q335 All numbers 0. Incorrect 1. Correct 9. Not asked</p>	<p>Numbers may be in Roman (I,II,III...) or Arabic (1,2,3...) style</p>
<p>Q336 Now set the hands to ten past eleven. 0. Incorrect 1. Correct 9. Not asked</p>	
<p>*Q337 Write a complete sentence on this sheet of paper.</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	<p>Q337 Indicate the bottom of the drawing sheet. Ask the respondent what s/he has written and transcribe it underneath if it is illegible. Spelling and grammar are not important. The sentence must have a subject (real or implied) and a verb. 'Help' or 'Go away' are acceptable. Do not take dictation.</p>
<p>*Q338 RATE; IS THE SUBJECT RIGHT OR LEFT-HANDED?</p> <p>1. Right-handed 2. Left-handed 7. Unable to judge</p>	
<p>READ THE FULL STATEMENT, STRESSING THE WORDS IN CAPITALS AND THEN HAND OVER THE PIECE OF PAPER.</p> <p>I am going to give you a piece of paper. When I do, take the paper in your RIGHT</p>	<p>Read the statement and then hand to the respondent a sheet of paper.</p> <p>Make a point of handing to the respondent's midline. Do not repeat</p>

<p>hand. Fold the paper in half with BOTH hands, and put the paper down on your LAP.</p> <p>*Q339 Right hand</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	<p>instructions or coach.</p> <p>Score a move as correct only if it takes place in the correct sequence.</p> <p>Stress the words in emboldened type.</p>
<p>*Q340 Folds</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	
<p>*Q341 Lap</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	
<p>DON'T TAKE THE PAPER BACK. HAND AN ENVELOPE TO THE RESPONDENT.</p>	
<p>Q342 Now put the paper in the envelope.</p> <p>0. Incorrect 1. Correct 9. Not asked</p>	
<p>Q343 Write this name and address on the envelope: George Smith, 38 Mill Road, Blackpool</p> <p>SAY Please try to remember this name and address as I shall be asking you about them later on.</p> <p>RATE Legible address</p> <p>0. Incorrect 1. Poor but acceptable 2. Correct 9. Not asked</p>	<p>This question concerns writing to dictation and not memory so you can present the name and address word by word if necessary. Spelling and neatness are not important. Criterion is whether letter is likely to reach exact destination: e.g. Gorg Smth is acceptable, 83 is incorrect. If respondent is unable to write or visually impaired say the address slowly, twice, and ask him/her to remember it.</p>

<p>Q344 HERE THE SUBJECT SHOULD REMEMBER YOUR EARLIER REQUEST TO SEAL THE ENVELOPE AND WRITE THEIR INITIALS ON THE BACK. WAIT A FEW SECONDS TO ALLOW THEM TO REMEMBER</p> <ol style="list-style-type: none"> 0. No correct action 1. One action with prompt 2. Both actions with prompt 3. One action without prompt, one with 4. Seals and writes own name without prompt 5. One action without prompt only <p>TAKE ENVELOPE BACK</p>	
<p>Now I would like you to carry out a simple action</p>	
<p>Q345 Show me how you would cut with scissors.</p> <ol style="list-style-type: none"> 0. Incorrect 1. Response is concrete 2. Correct mime 9. Not asked 	<p>Q345-Q346 Here a correct mime is needed. If the respondent uses fingers to represent scissors or brush, say ‘Pretend you are holding scissors (or Brush)’ Rate for best effort.</p>
<p>IF SCORES 2 SKIP TO Q348</p>	
<p>Q346 Show me how you would brush your teeth with a toothbrush.</p> <ol style="list-style-type: none"> 0. Incorrect 1. Response is concrete 2. Correct mime 9. Not asked 	<p>Q346 Rate for best effort Score 1 if respondent makes a brushing movement but not as though holding a toothbrush.</p>
<p>IF SCORES 2 SKIP TO Q348</p>	
<p>Q347 Can you show me how you would wave goodbye?</p>	

<p>0 Incorrect 1. Correct 9. Not asked</p>	
<p><u>CALCULATION</u></p> <p>I am now going to place a coin into your hand and I want you to tell me what it is without looking at it.</p> <p>PALM DOWN; PLACE IN RESPONDENT'S HAND, ONE AT A TIME.</p> <p>Q348 1p 0. Incorrect 1. Correct 9. Not asked</p>	
<p>Q349 10p 0. Incorrect. 1. Correct 9. Not asked</p> <p>TAKE THE COINS BACK</p>	
<p>Q350 HAND TWO COINS AS IF THEY ARE DIFFERENT ONES</p> <p>How much money does this make?</p> <p>0. Incorrect 1. Correct (11p) 9. Not asked</p>	<p>Respondent may look at coins to see if s/he was correct.</p> <p>Mental calculation is rated here - no pen & paper</p>
<p>Q351 If someone gave you this amount (11p) as change from £1, how much did you spend?</p> <p>0. Incorrect 1. Correct (89p) 9. Not asked</p>	<p>Q351 Mental calculation is required. Paper and pencil are not allowed.</p>
<p>Q352 What was the name and address you wrote on the envelope a short time ago?</p> <p>Recalls: George</p>	

<p>0. Not recalled 1. Recalled 9. Not asked</p>	
<p>Q353 Recalls: Smith</p> <p>0. Not recalled 1. Recalled 9. Not asked</p>	
<p>Q354 Recalls: 38</p> <p>0. Not recalled 1. Recalled 9. Not asked</p>	
<p>Q355 Recalls: Mill Road</p> <p>0. Not recalled 1. Recalled 9. Not asked</p>	
<p>Q356 Recalls: Blackpool</p> <p>0. Not recalled 1. Recalled 9. Not asked</p>	
<p><u>ABSTRACT THINKING</u></p> <p>I am going to name two things and I'd like you to tell me in what way they are alike. For example, a dog and a monkey are alike because they are both animals.</p> <p>Q357 In what way are an apple and a banana alike?</p> <p>0. Round, have calories 1. Food, grow, have peel 2. Fruit</p>	

9. Not asked	
IF SCORE IS LESS THAN 2 SAY They are also alike because they are both fruit.	
<p>Q358 In what way are a shirt and a dress alike?</p> <p>0. Have buttons 1. To wear, made of cloth, keep you warm 2. Clothing, garments 9. Not asked</p>	
<p>Q359 In what way are a table and a chair alike?</p> <p>0. Wooden, have 4 legs 1. Household objects, used for meals 2. Furniture 9. Not asked</p>	
<p>Q360 In what way are a plant and an animal alike?</p> <p>0. Useful to man, carry germs 1. Grow, need food, natural 2. Living things 9. Not asked</p>	
<p><u>PERCEPTION VISUAL</u></p> <p>SHOW RECOGNITION OF FAMOUS PEOPLE IN BOOKLET Who is this?</p> <p>Q361 A. Queen 0. Incorrect 1. Correct</p>	<p>Q360 Score as correct if picture is recognised. Correct name is not required.</p>

<p>9. Not asked</p> <p>Q362 B. Pope</p> <p>0. Incorrect</p> <p>1. Pope, Archbishop, Bishop</p> <p>9. Not asked</p>	
<p>SHOW RECOGNITION OF OBJECTS IN BOOKLET These are pictures of objects taken from unusual angles. Can you tell me what they are?</p> <p>Q363 A. Spectacles</p> <p>0. Incorrect</p> <p>1. Correct</p> <p>9. Not asked</p> <p>Q364 B. Shoe</p> <p>0. Incorrect</p> <p>1. Correct</p> <p>9. Not asked</p> <p>Q365 C. Purse, suitcase, briefcase</p> <p>0. Incorrect</p> <p>1. Correct</p> <p>9. Not asked</p> <p>Q366 D. Cup and saucer</p> <p>0. Incorrect</p> <p>1. Correct</p> <p>9. Not asked</p> <p>Q367 E. Telephone</p> <p>0. Incorrect</p> <p>1. Correct</p> <p>9. Not asked</p> <p>Q368 F. Pipe</p> <p>0. Incorrect</p> <p>1. Correct</p>	<p>Q360-Q368 Criterion is whether the object is recognised, not that it is named correctly, therefore descriptions of function are acceptable.</p>

9. Not asked	
<p>In this part of the interview, I would like you to do some activities which resemble the kinds of memory and concentration tasks which people do in their everyday lives.</p>	
<p>Q369 First I am going to read you a short news story of just a few lines. Please listen carefully and try to remember it just the way I say it, as close to the same words as you can. When I have finished I would like you to tell me everything you can remember even if you are not sure. Are you ready?</p>	<p>Selection criteria applies (either Ps and Ws or Anna Thompson, not both).</p>
<p>READ FROM THE SCREEN AVOIDING EYE CONTACT IN A CLEAR MATTER OF FACT WAY AT A MEDIUM PACE.</p>	
<p>Anna Thompson of South London, employed as a cook in a school canteen, reported at the Police Station that she had been held up on the High Street the night before, and robbed of twenty-six pounds. She had four small children, the rent was due and they had not eaten for two days. The officers, touched by the woman's story, took up a collection for her.</p> <p>PAUSE FOR A FEW SECONDS</p> <p>Now tell me as much about the story as you can remember.</p> <p>0. Nothing recalled 1. Something recalled 2. No attempt made 9. Not asked</p>	
<p>Q370 The next task is a measure of how</p>	

<p>rapidly you can do something. I want to see how quickly you can work through this list crossing out all the Ps and Ws.</p> <p>Start at the top left hand corner where the arrow is and work along the line. Then go to the beginning of the next line and work across the line again as if you were reading a page.</p> <p>Carry on this way crossing out all the Ps and Ws with one mark of the pencil like this.</p> <p>Please work as quickly and as accurately as you can. I will tell you when to stop. HAND RESPONDENT A PENCIL AND SAY You may begin now.</p> <p>WHEN 1 MINUTE HAS ELAPSED MARK THE PAGE WHERE THE RESPONDENT FINISHED</p>	<p>Demonstrate by pointing whilst giving instructions.</p> <p>Demonstrate by making a mark in the blank section at the top of the page</p>
<p>Q370</p> <ul style="list-style-type: none"> 0. Task completed 1. Task not completed (specify) 2. Not attempted 9. Not asked 	
<p>Q371 Task not completed (please specify)</p> <p>Text.....</p>	
<p>Q372 Do you remember the short news story I read to you a few minutes ago? Now I would like you to tell me the story again. Tell me everything you can remember even if you are not sure. IF NOTHING REMEMBERED PROMPT WITH: The story was about a woman who was robbed.</p> <ul style="list-style-type: none"> 0. Nothing recalled 1. Something recalled 2. Not attempted 9. Not asked 	<p>Ask only If appropriate</p> <p>Q372 Do not give any further help after the first prompt other than general encouragement.</p>

<p>Q373 As I explained earlier we would be most grateful if you would provide us with a saliva sample which will be retained for research into ageing.</p> <p>Are you happy to provide a saliva sample?</p> <p>0. No 1. Yes</p> <p>If YES: Check that the consent form signed and collect the specimen.</p>	<p>Make sure they have not been drinking, smoking or chewing gum for 30 minutes prior to collection of sample.</p> <p>Hand over the sample pot and ask them to spit into it until it reaches the level shown at figure 2 in the instruction leaflet enclosed with sample.</p> <p>Put lid on and screw the cap on securely, Mix gently for at least 10 seconds. Put the participant's bar code securely onto the base of the sample pot and put into a sealed bag. To make more saliva, ask them to close their mouth and wiggle their tongue or rub their cheeks.</p>
<p>We will now take a short break, following that the next section will be much easier it is all about your health and daily activities and will not take too long to complete.</p>	
<p>STOP THE CLOCK.</p>	