

CFAS Wales Essential Informant Questionnaire
Socio-Demographic, Risk and ADL

| | |
|---|--|
| <p>Q1. Is the respondent Married, Single, Widowed or divorced? (If NO are they separated, or cohabiting)</p> <ol style="list-style-type: none"> 1. Married 2. Cohabiting 3. Single 4. Widowed 5. Divorced/separated 7. Don't know 8. No answer 9. Not asked. <p>IF RATED 4 or 5 ASK Q2</p> | |
| <p>Q2 How long has R been (Widowed) (separated) or (divorced)</p> <p>Answer in Years.....</p> | |
| <p>Q3 RATE R CURRENT ACCOMMODATION</p> <ol style="list-style-type: none"> 1. House/Flat 2. Granny Flat 3. Warden Controlled Flat 4. Council Residential Home 5. Private Residential Home 6. Private/charity Nursing Home 7. Long Stay Hospital 8. Not established <p>If Q3=6 (Nursing Home) ask Q4 If Q3= 1, 2 or 3 rate Q6</p> | |
| <p>Q4 RATE TYPE OF ACCOMMODATION WITHIN NURSING HOME.</p> <ol style="list-style-type: none"> 1. Residential 2. Nursing 3. EMI 4. Not established. | |

| | |
|---|---|
| <p>Q5 Who funds R's accommodation within the institution?</p> <ol style="list-style-type: none"> 1. Self Funded 2. Social Services Funded 3. Health Services Funded | |
| <p>Q6 RATE: IS THE SUBJECT LIVING IN AN INSTITUTION?</p> <ol style="list-style-type: none"> 0. No/uncertain 1. Yes | <p>Residential homes, nursing homes and long stay hospitals count as institutions; a day hospital or sheltered accommodation does not.</p> |
| <p>Q7. Is R's house/flat owned or rented?</p> <ol style="list-style-type: none"> 1. Owned 2. Council rented 3. Private rented 7. Don't know 8. No answer 9. Not asked | |
| <p>Q8 Does anyone else live with R</p> <ol style="list-style-type: none"> 1. No 2. Yes <p>If Rated No skip to Q17</p> | <p>Q8 If the subject does not live on their own record the relationship of anyone they live with (eg. Parents including in laws, children, including in laws, housekeeper, friend etc.).</p> <p>Only include individuals who are permanent members of the household. If the subject lives in a granny flat, this counts as a complete household if it is self-contained.</p> <p>NB. Part-time members of the household are included if their membership is permanent (eg. The child who stays during the week but is away every weekend).</p> |
| <p>Q9. Spouse/Partner?</p> <ol style="list-style-type: none"> 1. No 2. Yes | |
| <p>Q10. Parents?</p> <ol style="list-style-type: none"> 1. No 2. Yes | |

| | |
|---|--|
| <p>Q11. Siblings? 1. No 2. Yes</p> | |
| <p>Q12. Children? 1. No 2. Yes</p> | |
| <p>Q13. Grandchildren? 1. No 2. Yes</p> | |
| <p>Q14. Other relatives? 1. No 2. Yes</p> | |
| <p>Q15. Friends? 1. No 2. Yes</p> | |
| <p>Q16. Others? 1. No 2. Yes</p> | |
| <p>Q17 How long has R lived in.....(the area)?</p> <p>A: 1-4 years B: 5-9 years C: 10-14 years D: 15-19 years E: 20-24 years F: 25+ years G: Don't know H: Others</p> | <p>Q17 This question is included to elicit information on migration. Rate the number of years the subject has lived within the locality.</p> <p>Rate for latest period only if the subject has returned to the area. Rate 1 year for 1 year or less.</p> |
| <p>Q18 Where was R born?</p> <p>Textual answer.....</p> | <p>Q18 Answer in the form – Town, Country, eg. Liverpool, England.</p> |
| <p>Q19 What ethnic group do you consider R belongs to</p> <p>A. White B. Black –Caribbean C. Black – African D. Black – Other E. Indian F. Pakistani G. Bangladeshi H. Chinese I. Other (specify)</p> | |

| | |
|--|--|
| <p>X. Don't know Y. No answer Z. Not asked</p> | |
| <p>Q20 Ethnic group (other specify):</p> | |
| <p>Q21 Has R retired?</p> <p>0. No 1. Yes 2. Never worked</p> | |
| <p>IF Rated No skip to Q24. If Rated Yes continue.</p> | |
| <p>Q22 At what age did R retire?</p> <p>Nn Answer in years 777 Don't know 999 Not asked</p> | |
| <p>Q23 Since R retired have s/he been involved in any work (either paid or unpaid?)</p> <p>0. Paid No 1. Paid Yes 2. Unpaid No 3. Unpaid Yes 7. Don't know 8. No answer 9. Not asked</p> | |
| <p>Q24 Was/is R self employed?</p> <p>0. No 1. Yes</p> <p>If Yes skip to Q26</p> | |
| <p>Q25 Was/is R a Foreman, supervisor or manager? (If Yes, what did they do?)</p> | |

| | |
|---|---|
| <p>0. No 1. Foreman/Supervisor 2. Manager 7. Don't know 8. No answer 9. Not asked</p> | |
| <p>Q26 How many employees were/are R responsible for?</p> <p>0. None 1. 1-24 2. 25 or more 7. Don't know 8. No answer 9. Not asked</p> | |
| <p>Q27 Has R's spouse stopped working? (Did respondent's spouse retire)?</p> <p>0. No 1. Yes 2. Never worked 7. Don't know 8. No answer 9. Not asked</p> | <p>Q27 For multiple marriages code for current/last husband</p> |
| <p>Q28 Was/is R's spouse self employed?</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9. Not asked</p> <p>If Rated Yes skip to Q30</p> | |
| <p>Q29 Was/is R's spouse a foreman, supervisor or manager? (If yes, what did s/he do?)</p> <p>0. No 1. Foreman/Supervisor 2. Manager 7. Don't know 9. Not asked</p> | |

| | |
|--|---|
| <p>If No skip to Q31</p> | |
| <p>Q30 How many employees was/is s/he responsible for?</p> <p>0. None 1. 1-24 2. 25 or more 7. Don't know 8. No answer 9. Not asked</p> | |
| <p>This next set of questions are about the respondents social contacts and social activities</p> | <p>In this following section Rate 1 – regularly for daily, weekly, monthly or predictably. Rate 2 – occasionally if unpredictable, or regularly less than monthly. For less than yearly, rate 0.</p> |
| <p>Q31 Does R have any children of their own?</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9. Not asked</p> | <p>Q31 Include adopted children.</p> |
| <p>IF NO SKIP TO Q34</p> | |
| <p>Q32 How many children?</p> <p>Nn Number of living children 77 Don't know 88 No answer 99 Not asked</p> | |
| <p>Q33 NUMBER OF CHILDREN NOT LIVING (IF VOLUNTEERED)</p> <p>nn Number of DEAD children 77 Don't know 88 No answer</p> | |

| | |
|---|--|
| <p>99 Not asked</p> | |
| <p>Q34a How far away, in distance, does their nearest child or other relative live?</p> <p>0. No relatives 1. Same house / within 1 mile 2. 1-5 miles 3. 6-15 miles 4. 16-50 miles 5. 50+ miles 7. Don't know 9. Not asked</p> | <p>DO NOT INCLUDE SPOUSE ADJUST WORDING IF NO CHILDREN ALIVE</p> |
| <p>Q34b Where does their nearest child live?</p> <p>0. No children 1. Same house / within 1 mile 2. 1-5 miles 3. 6-15 miles 4. 16-50 miles 5. 50+ miles 7. Don't know 9. Not asked</p> | |
| <p>IF NO RELATIVES SKIP TO Q39</p> | |
| <p>Q34c If they have any living sisters or brothers, where does their nearest sister or brother live?</p> <p>0. No sisters or brothers 1. Same house / within 1 mile 2. 1-5 miles 3. 6-15 miles 4. 16-50 miles 5. 50+ miles 7. Don't know 9. Not asked</p> | |
| <p>Q35 How often does the Respondent see any of their (children or other) relatives to speak to?</p> <p>0. Never 1. Daily</p> | <p>Q35 Here you must rate cumulative contact – if R sees a different relative every day rate as 1 – daily contact.</p> |

| | |
|--|---|
| <ul style="list-style-type: none"> 2. 2-3 times a week 3. At least weekly 4. At least monthly 5. Less often 8. No answer 9. Not asked | |
| <p>Q36 Of all of R's (children or other) relatives which one do they have the most contact with?</p> <ul style="list-style-type: none"> A. Daughter B. Son C. Daughter-in-law D. Son-in-law E. Parent F. Sister/Brother G. Other female relative H. Other male relative I. Other female in law J. Other male in law X. Don't know Z. Not asked | <p>Q36 If informant claims to see two people equally prompt to establish which one they have the most contact with. Step relative to be rated as 'other male' or 'other female relative'.</p> |
| <p>Q37 How often does R see her/him to talk to face to face?</p> <ul style="list-style-type: none"> 1. Daily 2. 2-3 times a week 3. At least weekly 4. At least monthly 5. Less often 8. No answer 9. Not asked | <p>Q37 Rate face to face contact only not telephone calls.</p> |
| <p>Q38 How often does the R speak to their children or other relatives over the phone?</p> <ul style="list-style-type: none"> 1. Daily 2. 2-3 times a week | |

| | |
|--|--|
| <p>3. At least weekly 4. At least monthly 5. Less often 8. No answer 9. Not asked</p> | |
| <p>FAMILY: Considering the people to whom R is related either by birth or marriage</p> | |
| <p>Q38a How many relatives does R see or hear from at least once a month?</p> <p>0. None 1. One 2. Two 3. Three or four 4. Five to eight 5. Nine or more 8. No answer 9. Not asked</p> | |
| <p>Q38b How many relatives do you consider R feels at ease with so that he/she can talk about private matters?</p> <p>0. None 1. One 2. Two 3. Three or four 4. Five to eight 5. Nine or more 8. No answer 9. Not asked</p> | |
| <p>Q38c How many relatives do you consider R feels close to such that he/she could call on them for help?</p> <p>0. None 1. One 2. Two 3. Three or four 4. Five to eight 5. Nine or more 8. No answer 9. Not asked</p> | |

| | |
|---|---|
| | |
| <p>Q39 Does respondent attend meetings or any community or social groups?</p> <p>0. No 1. Yes, occasionally 2. Yes, regularly 8. No answer 9. Not asked</p> | <p>Q39</p> <p>I.E. OVER 60S CLUBS, EVENING CLASSES, BUT NOT ATTENDING CHURCH/MOSQUE.</p> <p>Rate 2. Regularly for daily, weekly, monthly or predictably. Rate 1. Occasionally if unpredictably, or regularly less than monthly. Rate 0. For less than yearly.</p> |
| <p>IF YES ASK QUESTION 39a & b, IF NO SKIP TO Q39b</p> | |
| <p>Q39a PLEASE INDICATE WHICH ACTIVITY/ACTIVITIES</p> <p>a. Political parties b. Trade Unions (including student unions) c. Environmental groups d. Tenants, residents' groups or neighbourhood watch e. Evening Classes f. U3A g. Other Adult Learning h. Arts, music or singing group i. Charity, voluntary or community group j. Group for elderly (e.g. lunch club) k. Youth group (e.g. scouts/guides/youth club) l. Womens Institute, Townswomens Guild m. Social club,(Rotary, working mens club) n. Sports club, gym, exercise/dance group o. Other group or organization</p> <p>Q39 b Do they attend any religious meetings?</p> <p>0. No 1. Yes, occasionally 2. Yes, regularly 8. No answer 9. Not asked</p> | |

| | |
|--|---|
| <p>Q40 Does R have any friends in this community/neighbourhood?</p> <p>0. No 1. Yes</p> | |
| <p>Q41 How often does R see any of their neighbours to have a chat or do something with?</p> <p>0. No contact with neighbours/Never 1. Daily 2. 2-3 times a week 3. At least weekly 4. At least monthly 5. Less often 8. No answer 9. Not asked.</p> | <p>Rate 'face to face' rather than telephone calls.</p> |
| <p>Q41a How often does R have a chat or do something with one of their friends?</p> <p>0. No friends/Never 1. Daily 2. 2-3 times a week 3. At least weekly 4. At least monthly 5. Less often 8. No answer 9. Not asked</p> | |
| <p>Friendships: Considering all of their friends including those who live in their neighbourhood:</p> <p>Q41b How many of Rs friends do they see or hear from at least once a month?</p> <p>0. None 1. One 2. Two 3. Three or four 4. Five to eight</p> | |

| | |
|---|--|
| <p>5. Nine or more 8. No answer 9. Not asked</p> | |
| <p>Q41c How many friends do you consider R feels at ease with so that they can talk about private matters?</p> <p>0. None 1. One 2. Two 3. Three or four 4. Five to eight 5. Nine or more 8. No answer 9. Not asked</p> | |
| <p>Q41d How many friends do you consider R feels close to such that they could call on them for help?</p> <p>0. None 1. One 2. Two 3. Three or four 4. Five to eight 5. Nine or more 8. No answer 9. Not asked</p> | |
| <p>Q41e Do you consider that R usually bounces back after difficult and stressful times?</p> <p>0. Strongly disagree 1. Disagree 2. Neutral - neither agree nor disagree 3. Agree 4. Strongly agree 8. No answer 9. Not asked</p> | |
| <p>Q41f Do you consider that R feels lonely?</p> <p>0. No / Never 1. Infrequently/Sometimes</p> | |

| | |
|---|--|
| <ul style="list-style-type: none"> 2. Frequently/Persistently/Often 3. Always 8. No answer 9. Not asked | |
| <p>Q41g Do you consider that R generally feels confident that he/she could manage one way or another?</p> <ul style="list-style-type: none"> 0. Strongly disagree 1. Disagree 2. Neutral - neither agree nor disagree 3. Agree 4. Strongly agree 8. No answer 9. Not asked | |
| <p>Q41h Do you consider that R would see themselves as the sort of person who when they make plans, follows them through?</p> <ul style="list-style-type: none"> 0. Strongly disagree 1. Disagree 2. Neutral - neither agree nor disagree 3. Agree 4. Strongly agree 8. No answer 9. Not asked | |
| <p>Q42 In general, does R get out and about as much as they would like to?</p> <ul style="list-style-type: none"> 0. No 1. Yes 7. Don't know 8. No answer 9. Not asked | |
| <p>Q42a Taking everything into consideration, how would you describe R's satisfaction with life in general at the present time?</p> <ul style="list-style-type: none"> 0 – Poor 1 – Fair 2 – Good 3 – Very good | |

| | |
|--|---|
| <p>8 – No answer 9 – Not asked</p> | |
| <p>Q43 Is R currently taking any medicines, tablets or injections of any kind, either that you buy or are prescribed by their doctor?</p> <p>0. No 1. Yes (specify) 8. No answer 9. Not asked</p> | <p>Q43 If yes enter drug, dose and frequency for all medications currently being taken.</p> |
| <p>Q44 Do they smoke</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p> | |
| <p>IF NO SKIP TO Q46</p> | |
| <p>Q45 How many cigarettes does R smoke in a day?</p> <p>0. Cigars/pipe only 1. Only smoke occasionally 2. 1 – 3 3. 4 – 9 4. 10 – 19 5. 20 – 29 6. 30+ 8. No answer 9. Not asked</p> | <p>Q45 Record amount currently smoked.</p> |
| <p>Q46 Has R ever smoked?</p> <p>0. No 1. Yes</p> | |

| | |
|---|---|
| <p>8. No answer 9. Not asked</p> | |
| <p>IF NO SKIP TO Q50</p> | |
| <p>Q47 How old was s/he when s/he stopped? Age in years _____ No Answer 888 Not Asked 999</p> | <p>Q47 Record respondents age when they last stopped smoking.</p> |
| <p>Q48 How many cigarettes did R smoke in a day? 0. Cigars/pipe only 1. Only smoke occasionally 2. 1 – 3 3. 4 – 9 4. 10 – 19 5. 20 – 29 6. 30+ 8. No answer 9. Not asked</p> | <p>Q48 Record consumption prior to giving up.</p> |
| <p>Q49 How old was R when s/he first started smoking? Age in years _____ Don't know 777 Not Asked 999</p> | <p>Q49 Record respondents age when they first started smoking on a regular basis.</p> |
| <p>Q 50 Has R ever taken any other substances? (i.e. Opium or any other possibilities) 0. No 1. Yes</p> | |
| <p>Q51 IF YES What did they take and how much? Please Specify.....</p> | |
| <p>General health conditions and problems</p> | |

| | |
|---|--|
| <p>Has the respondent ever been diagnosed with any of the following conditions?</p> | |
| <p>Q52. Cancer</p> <p>0. No 1. Yes</p> <p>IF RATED YES CONTINUE OTHERWISE SKIP TO Q56</p> | |
| <p>Q53 What type was it? Textual answer.....</p> | |
| <p>Q54 At what age was it first diagnosed?</p> <p>Nnn Age in years 777 Don't know 888 No answer 999 Not asked</p> | |
| <p>Q55 Is it a problem for the R now? (Is Respondent currently in remission?)</p> <p>0. No 1. Yes</p> | |
| <p>Q56 Fits or epilepsy</p> <p>0. No 1. Yes</p> <p>IF RATED YES: ASK Q57 OTHERWISE SKIP TO Q58</p> | |
| <p>Q57 How many did they have?</p> <p>1 Only 1 fit 2 More than 1 fit 8 No answer 9 Not asked</p> | |
| <p>Q58 General anesthetic/major op</p> | |

| | |
|--|--|
| <p>0. No 1. Yes</p> <p>IF RATED YES CONTINUE OTHERWISE SKIP TO Q60</p> | |
| <p>Q59 How many times?</p> <p>Nn Number of times 77 Don't know 88 No answer 99 Not asked</p> | |
| <p>Emotional Problems</p> | |
| <p>Q60 Has R ever had emotional problems?</p> <p>1. No 2. Yes 7. Don't know 8. No answer</p> <p>IF NO, SKIP TO 67</p> | |
| <p>Q61 Has R consulted anyone about these emotional problems?</p> <p>0. No 1. Yes sounds like depression 2. Yes sounds like anxiety 3. Yes, other</p> <p>8. No answer 9. Not asked</p> | |
| <p>Q62 What did the doctor say R had?</p> <p>1. Depression 2. Manic depression 3. Other/non-specific (specify) 7. Don't know 8. No answer</p> | |

| | |
|--|--|
| 9. Not asked | |
| Q63 Other/non-specific specify: | |
| Q64 Did R see a specialist? 0. No 1. Yes 8. No answer 9. Not asked | |
| Q65 Did R go into hospital? 0. No 1. Yes 8. No answer 9. Not asked | |
| Q66 What treatment did R have? 0. No treatment 1. Drugs 2. ECT 3. Both 4. Other/Counselling 8. No answer 9. Not asked | |
| Q67 Does R currently suffering from Arthritis? (If YES Does it limit their day-to-day activities)? 0 Not currently suffering from Arthritis 1 Currently suffering-not limiting 2 Currently suffering-limiting 8 No answer 9 Not asked | Rate for arthritis in any part of the body. Include persistent joint pain. |
| Q68 Has the R ever suffered from peptic ulcers? | Rate for both gastric and duodenal ulcers. |

| | |
|---|--|
| <p>0. No 1. Yes</p> | |
| <p>Q69 Does R wear a hearing aid?</p> <p>0. No 1. Yes</p> | |
| <p>Q70 Does the R suffer from poor eyesight which interferes with day-to-day living?</p> <p>0. No 1. Yes 8. No answer 9. Not asked</p> | <p>To count as poor eyesight must interfere even when wearing glasses. If R wears glasses all the time or in certain conditions but otherwise reports no problems rate 0</p> |
| <p>Q71 Has R ever suffered from meningitis or encephalitis (brain fever)?</p> <p>0. No 1. Yes, meningitis 2. Yes, encephalitis 3. Yes, non-specific 8. No answer 9. Not asked</p> | |
| <p>Q72 Has R ever suffered from shingles? (IF YES: Where?) (If HEAD NOT MENTIONED: Anywhere else?)</p> <p>0. No 1. Yes, in the body 2. Yes, in the head 7. Don't know 8. No answer 9. Not asked</p> | <p>The location of shingles is important here. Shingles in the trunk is less significant than shingles in the head. Rate in the head for shingles on the face, in the eyes, in the ears or on the scalp.</p> |
| <p>And now some questions about R's parents and his/her brothers and sisters.</p> <p>Q73 How old was his/her mother when R was born?</p> | <p>Maternal age at birth is thought to be a risk factor for dementia. It is important that we collect this information as accurately as possible.</p> <p>If the subject cannot remember, ask for</p> |

| | |
|---|---|
| <p>Nn Age in years (roughly is ok) 77 Don't know 88 No answer 99 Not asked</p> | <p>mother's year of birth or year of death, and subject's age at her death. If this still doesn't help, suggest a range, and then try to be more specific.</p> <p>A relatively inaccurate age is better than no age at all. Critical ages are: higher risk 17-18, lower at 20, lowest at 21-22, rising to 35. The greatest risk is at 35 and over.</p> |
| <p>Q74 Are either of his/her parents still alive? IF FATHER NOT ALIVE: How old was his/her father when he died? nnn Age at death 000 Still alive 777 Don't know 999 Not asked</p> | |
| <p>Q75 IF MOTHER NOT ALIVE: How old was his/her mother when she died? nnn Age at death 000 Still alive 777 Don't know 999 Not asked</p> | |
| <p>Q76 Does R have any brothers or sisters? IF YES: How many? (INCLUDE THOSE WHO HAVE DIED BUT EXCLUDE SUBJECT) nn Number of siblings, excluding subject 77 Don't know 88 No answer 99 Not asked</p> <p>IF NO SIBS SKIP TO Q80</p> | <p>Include all siblings, excluding subject.</p> |
| <p>Q77 How many of them are still alive? nn Number of siblings still alive 77 Don't know 88 No answer 99 Not asked</p> <p>IF NONE ALIVE, SKIP TO Q79</p> | <p>Number alive, excluding subject.</p> |

| | |
|---|--|
| <p>Q78 And how many of them have reached the age of 70 years?</p> <p>nn Number aged 70+ 77 Don't know 88 No answer 99 Not asked</p> <p>IF NONE HAVE DIED SKIP TO Q80</p> | <p>Number still alive who are 70 or above</p> |
| <p>Q79 And of those who have died, did any reach the age of 70 years?</p> <p>nn Number aged 70+ 77 Don't know 88 No answer 99 Not asked</p> | |
| <p>This next set of questions is about the respondents' first degree blood relatives, that is, their parents, brothers and sisters, and their children.</p> <p>How many of them have been diagnosed as suffering from the following disorders?</p> <p>Q80 Parkinson's disease Nn</p> | <p>Enter the number of first degree relatives that have been diagnosed. First degree relatives: parents, brothers, sisters, children, half-brothers and sisters. Note: not second degree relatives: aunts, uncles, cousins.</p> <p>Rate 77 for Don't know, 88 for No answer, 99 for Not asked. If the subject has been adopted and has no information about their blood relative's rate 77. In each case, if only one relative has been named, ask 'Anyone else?'</p> |
| <p>Q81 Stroke Nn</p> | |
| <p>Q82 Heart Attack Nn</p> | |
| <p>Q83 Sugar Diabetes Nn</p> | |
| <p>Q84 Leukaemia/lymphoma Nn</p> | |
| | |

| | |
|--|---|
| <p>Q85 For at least the last six months, to what extent has R been limited because of a health problem in activities people usually do? Would you say they have been</p> <ol style="list-style-type: none"> 1. Severely limited 2. Limited but not severely 3. Not limited 8. No answer 9. Not asked | |
| <p>I would now like to ask you some questions about day to day activities, which some people find difficult.</p> <p>I would like to know if R is able, or if R has any difficulty with the following activities.</p> <p>Q86 Are they able to cut their own toenails? (IF YES: Do they have difficulty cutting their own toenails?)</p> <ol style="list-style-type: none"> 0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked | <p>The following questions (Q86-Q97) take the same form and these notes should be applied consistently throughout. It will be necessary to probe in order to confirm the use of aids in carrying out activities of daily living.</p> <p>Using scissors as an aid to cut toenails does not count, as we would all normally use these. However, specially adapted furniture or the use of adapted cooking utensils would count as special aids.</p> <p>Probing will also be necessary to establish whether the subject would be able to undertake the activity in the absence of another person. This particularly applies to men when asking about household activities as they may never undertake such activities but it could equally apply to women where someone else is available.</p> |
| <p>Q87 Are they able to wash all over or bathe? (IF YES: Do they have difficulty washing all over or bathing?)</p> <ol style="list-style-type: none"> 0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked | <p>People with mental frailties who cannot undertake activities because of their mental frailty should be coded as needing help.</p> <p>Rate 0 - Needs help if the subject requires assistance from another person to undertake the activity. Do not use this code if they could undertake the activity for themselves but someone usually does it for them.</p> |

| | |
|---|--|
| | <p>Rate 1 - Some difficulty if the subject reports difficulty undertaking activity or if they report no difficulty but use an aid.</p> <p>Rate 2 - No difficulty if the subject is able to undertake this activity by themselves without difficulty and without the use of aids or help from others.</p> |
| <p>Q88 Are they able to get on a bus? (IF YES: Do they have difficulty?)</p> <p>0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked</p> | |
| <p>Q89 Are they able to go up and down stairs? (IF YES: Do they have difficulty?)</p> <p>0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked</p> | |
| <p>Q90 Are they able to do the light housework? (IF YES: Do they have difficulty?)</p> <p>0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked</p> | <p>Light housework – (e.g. vacuuming, mopping floors, ironing, making beds.</p> |

| | |
|--|---|
| <p>Q91 Are they able to do the heavy housework? (IF YES: Do they have difficulty?)</p> <ul style="list-style-type: none"> 0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked | <p>Heavy housework – (e.g. cleaning windows, scrubbing floors).</p> |
| <p>Q92 Are they able to shop and carry heavy bags? (IF YES: Do they have difficulty?)</p> <ul style="list-style-type: none"> 0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked | |
| <p>Q93 Are they able to prepare and cook a hot meal? (IF YES: Do they have difficulty?)</p> <ul style="list-style-type: none"> 0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked | <p>If the subject claims they never have to cook a hot meal because this is always done for them, ask them to make the judgement as to whether they could if they had to.</p> |
| <p>Q94 Are they able to reach an overhead shelf? (IF YES: Do they have difficulty?)</p> <ul style="list-style-type: none"> 0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked | |
| <p>Q95 Are they able to tie a good knot in a</p> | |

| | |
|--|--|
| <p>piece of string? (IF YES: Do they have difficulty?)</p> <ul style="list-style-type: none"> 0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked | |
| <p>Q96 Are they able to put on their shoes and socks or stockings? (IF YES: Do they have difficulty?)</p> <ul style="list-style-type: none"> 0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked | |
| <p>Q97 Have they needed any help recently to check their change after spending small amounts of money?</p> <ul style="list-style-type: none"> 0. No 1. Yes 7. Don't know 8. No answer 9. Not asked | |
| <p>Q98 Do they have any difficulty using a telephone i.e. looking up numbers, dialing etc?</p> <ul style="list-style-type: none"> 0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked | |

| | |
|---|--|
| <p>Q99 Do they have any difficulty taking medicine (preparing and taking correct dose)?</p> <p>0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked</p> | |
| <p>Q100 Do they have any difficulty managing money (paying bills/writing cheques or using an ATM to remove or deposit money)?</p> <p>0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked</p> | |
| <p>Q101 Do they have any difficulty following TV programmes or movies and remembering details of the stories?</p> <p>0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer 9. Not asked</p> | |
| <p>Q102 Are they able to get to and use the toilet? (IF YES: Do they have difficulty?)</p> <p>0. (No), needs help 1. (Yes), some difficulty 2. (Yes), no difficulty 7. Don't know 8. No answer</p> | |

| | |
|---|--|
| <p>9. Not asked</p> | |
| <p>Q103 Do they have difficulty controlling their bladder?</p> <p>0. No 1. Occasionally wets 2. Frequently wets 7. Don't know 8. No answer 9. Not asked</p> | |
| <p>Q104 Would you say there has been any change in their ability to do practical things in the past two years?</p> <p>0. No change 1. Better 2. Worse 3. Much worse 7. Don't know 8. No answer 9. Not asked</p> | |
| <p>Q105 Does anyone help them with any of the day-to-day tasks I've just asked about?</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9. Not asked</p> <p>IF NO SKIP TO Q111</p> | |
| <p>Q106 Who usually helps? CODE MAIN HELPER.</p> <p>A No-one J Friend or neighbour B Spouse K Home help C Daughter L Care worker D Daughter-in-law M Meals on wheels E Son N Community worker F Son-in-law O Community nurse G Brother P Warden</p> | |

| | |
|--|--|
| <p>H Sister I Other relative</p> <p>Q Paid help R Other S Not applicable</p> <p>IF A OR S SKIP TO Q111</p> | |
| <p>Q107 Do they help every day, most days or less often?</p> <p>0. Every day 1. Most days 2. Less often 7. Don't know 8. No answer 9. Not asked</p> | |
| <p>Q108 Does anyone else help? CODE UP TO 3 OTHER HELPERS.</p> <p>A. No-one B. Spouse C. Daughter D Daugh-in-law E Son F Son-in-law G Brother H Sister I Other relative</p> <p>J. Friend or neighbour K. Home help L. Care worker M Meals on wheels N Community worker O Community nurse P Warden Q Paid help R Other S Not applicable</p> | |
| <p>Q109 Other helper 2</p> <p>A. No-one B. Spouse C. Daughter D Daugh-in-law E Son F Son-in-law G Brother H Sister I Other relative</p> <p>J. Friend or neighbour K. Home help L. Care worker M Meals on wheels N Community worker O Community nurse P Warden Q Paid help R Other S Not applicable</p> | |
| <p>Q110 Other helper 3</p> | |

| | |
|--|---|
| <p>A. No-one B. Spouse C. Daughter D Daugh-in-law E Son F Son-in-law G Brother H Sister I Other relative</p> <p>J. Friend or neighbour K. Home help L. Care worker M Meals on wheels N Community worker O Community nurse P Warden Q Paid help R Other S Not applicable</p> | |
| <p>Q111 ESTABLISH DEGREE OF MOBILITY OF SUBJECT</p> <p>1. Usually ambulant non house bound 2. Usually ambulant house bound 3. Chairfast permanently 4. Bedfast permanently 7. Unable to establish mobility</p> | <p>Where subject's degree of mobility is obvious you may code from observation or from information already obtained. However check that the observed state is permanent and not temporary i.e. the subject is not expected to improve markedly in the short term. If in doubt overestimate degree of disability and notify.</p> <ul style="list-style-type: none"> • Rate 1 for people who are usually able to get out without assistance. • Rate 2 for people who can get about on the level inside but who never go out of the house or garden without assistance. • Rate 3 for people who spend all their time confined to a chair or who need help to transfer from the chair to the toilet or bed. Use this rating for a wheelchair user even if they can get out of the house. • Rate 4 for people who spend all their time confined to bed |
| <p>Lastly I'd like to ask you whether R has received various Health or Local Authority</p> | |

| | |
|---|---|
| <p>Services or any private help in recent weeks.</p> <p>So in the last 4 weeks, have they seen or had a visit from, or to any of the following Services? IN THE LAST FOUR WEEKS</p> <p>Q112 Local authority home help or home care assistant</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked.</p> | <p>Q113 Any nursing Services</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked.</p> |
| <p>Q114 Chiropodist</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked.</p> | <p>Q115 Meals on wheels</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked</p> |
| <p>Q116 Physiotherapist</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked</p> | <p>Q117 Occupational therapist</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked</p> |
| <p>Q118 Speech Therapist</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked</p> | <p>Q119 Social Worker</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not ask</p> |
| <p>Q120 Day Centre</p> <p>0. No 1. Yes 7. Don't know 8. No answer</p> | <p>Q121 Day Hospital</p> <p>0. No 1. Yes 7. Don't know 8. No answer</p> |

| | |
|---|--|
| <p>9 Not asked</p> | <p>9 Not asked</p> |
| <p>Q122 GP (the doctor)</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked</p> | |
| <p>Q123 During the last 3 complete calendar months, did they attend the Casualty or outpatient department of a hospital (as a patient)?</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked</p> <p>IF NO SKIP TO Q 129</p> | |
| <p>IF YES PROMPT</p> <p>Q124 Which month was this?</p> | <p>Separate by comma, if it is more than one month</p> |
| <p>Q125 How many times did they attend the casualty or outpatient department during that month?</p> | |
| <p>Q126</p> <p>Rate Days for Month One _____</p> | |
| <p>Q127</p> <p>Rate Days for Month Two _____</p> | |
| <p>Q128</p> <p>Rate Days for Month Three. _____</p> | |

| | |
|---|--|
| | |
| <p>Q129 During the last year, have they been in hospital for treatment as a day patient (i.e. admitted to a hospital bed or day ward, but not required to stay overnight)?</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked</p> | |
| <p>Q130 How many separate days in hospital have they had as a day patient (in the last year)?</p> <p>_____ Rate no of days</p> | |
| <p>Q131 During the last year, have they been in hospital as an inpatient, overnight or longer?</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked</p> <p>IF NO SKIP TO Q141</p> | |
| <p>Q132 How many separate stays in hospital have they had as an inpatient (in the last year)?</p> <p>Nn Rate no of days</p> | |
| <p>How many nights altogether were they in hospital on each occasion? Rate nights stayed for up to 8 stays.</p> | |
| Q133 Number of nights stay 1 | |
| Q134 Number of nights stay 2 | |
| Q135 Number of nights stay 3 | |
| Q136 Number of nights stay 4 | |
| Q137 Number of nights stay 5 | |
| Q138 Number of nights stay 6 | |

| | |
|---|--|
| Q139 Number of nights stay 7 | |
| Q140 Number of nights stay 8 | |
| <p>Q141 Have they had their sight tested by an optician in the last year?</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked</p> | Exclude tests done by GP's, Hospital Doctors and any done abroad |
| <p>Q142 Have they had a hearing test in the last year?</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked</p> | |
| <p>Q143 Have they seen the dentist in the last year?</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked</p> | |
| <p>Q144 Have they received respite care in the last year? Only ask as appropriate</p> <p>0. No 1. Yes 7. Don't know 8. No answer 9 Not asked</p> | |
| <p>Q144_1 LANGUAGES SPOKEN</p> <p>Which languages did R speak, or has spoken, during their life? We are</p> | <p>NOTETO INTERVIEWER: IF THE PARTICIPANT STARTS</p> |

| | |
|---|--|
| <p>interested in languages that R has used on a regular basis, for example at home, at work or at school.</p> <ol style="list-style-type: none"> 1. English 2. Welsh <p>Other (please specify – list all)</p> <ol style="list-style-type: none"> 3. 4. <p>IF ONLY ENGLISH IS SPOKEN THEN DISCONTINUE. IF WELSH AND/OR OTHER LANGUAGES SPOKEN THEN ASK FOR EACH LANGUAGE SPOKEN (MAXIMUM 4)</p> | <p>TALKING ABOUT SCHOOL FRENCH LESSONS OR OCCASIONAL WELSH CLASSES AS AN ADULT THE INTERVIEWER CAN SAY:</p> <p>We are interested in languages that R used as a main, or second, language. We do not need to take details of foreign languages that R learned by attending lessons or taking courses, but not used in day-to-day life.</p> |
| <p>Q144_5 At what age did R begin speaking Welsh?</p> <ol style="list-style-type: none"> 1. At 2 years old or younger 2. At 4 years old or younger 3. At primary school 4. At secondary school 5. Learned Welsh as an adult 8. No answer 9. Not asked | |
| <p>Q144_6 At what age did R begin speaking English?</p> <ol style="list-style-type: none"> 1. At 2 years old or younger 2. At 4 years old or younger 3. At primary school 4. At secondary school 5. Learned English as an adult 8. No answer 9. Not asked | |
| <p>Q144_7 At what age did R begin speaking [other language 1]?</p> <ol style="list-style-type: none"> 1. At 2 years old or younger 2. At 4 years old or younger 3. At primary school 4. At secondary school 5. Learned [other language 1] as an adult 8. No answer 9. Not asked | |
| <p>Q144_8 At what age did R begin speaking [other language 2]?</p> <ol style="list-style-type: none"> 1. At 2 years old or younger | |

| | |
|---|--|
| <p>2. At 4 years old or younger 3. At primary school 4. At secondary school 5. Learned [other language 2] as an adult 8. No answer 9. Not asked</p> | |
| <p>Q144_9 How much of the time did R's mother* speak Welsh to R when they were growing up? 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked</p> | <p>* or other primary caregiver as a child</p> |
| <p>Q144_10 How much of the time did R's mother* speak English to R when they were growing up? 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked</p> | <p>* or other primary caregiver as a child</p> |
| <p>Q144_11 How much of the time did R's mother* speak [other language 1] to R when they were growing up? 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked</p> | <p>* or other primary caregiver as a child</p> |
| <p>Q144_12 How much of the time did R's mother* speak [other language 2] to R when they were growing up? 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked</p> | <p>* or other primary caregiver as a child</p> |

| | |
|--|---|
| <p>Q144_13 How much of the time did R's father* speak Welsh to R when they were growing up?</p> <ol style="list-style-type: none"> 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked | <p>* or other main caregiver as a child</p> |
| <p>Q144_14 How much of the time did R's father* speak English to R when they were growing up?</p> <ol style="list-style-type: none"> 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked | <p>* or other main caregiver as a child</p> |
| <p>Q144_15 How much of the time did R's father* speak [other language 1] to R when they were growing up?</p> <ol style="list-style-type: none"> 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked | <p>* or other main caregiver as a child</p> |
| <p>Q144_16 How much of the time did R's father* speak [other language 2] to R when they were growing up?</p> <ol style="list-style-type: none"> 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked | <p>* or other main caregiver as a child</p> |
| <p>Q144_17 Please state approximately what percentage of the time R speaks Welsh on a daily basis:</p> | |

| | |
|--|--|
| <p>1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked</p> | |
| <p>Q144_18 Please state approximately what percentage of the time R speaks English on a daily basis: 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked</p> | |
| <p>Q144_19 Please state approximately what percentage of the time R speaks [other language 1] on a daily basis: 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked</p> | |
| <p>Q144_20 Please state approximately what percentage of the time R speaks [other language 2] on a daily basis: 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked</p> | |
| <p>Q144_21 Please state approximately what percentage of the time Welsh is currently spoken in R's home: 1. 100% 2. 75%</p> | |

| | |
|--|--|
| <p>3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked</p> | |
| <p>Q144_22 Please state approximately what percentage of the time English is currently spoken in R's home: 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked</p> | |
| <p>Q144_23 Please state approximately what percentage of the time [other language 1] is currently spoken in R's home: 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked</p> | |
| <p>Q144_24 Please state approximately what percentage of the time [other language 2] is currently spoken in R's home: 1. 100% 2. 75% 3. 50% 4. 25% 5. 0% 8. No answer 9. Not asked</p> | |
| <p>Q144_25 How well do you feel R speaks Welsh? 1. Only knows some words and expressions 2. Can hold a very basic conversation 3. Can hold a moderate conversation</p> | |

| | |
|---|--|
| <p>4. Can hold an extended conversation reasonably well</p> <p>5. Can hold an extended conversation and say anything wants to</p> <p>8. No answer</p> <p>9. Not asked</p> | |
| <p>Q144_26 How well do you feel R speaks English?</p> <p>1. Only knows some words and expressions</p> <p>2. Can hold a very basic conversation</p> <p>3. Can hold a moderate conversation</p> <p>4. Can hold an extended conversation reasonably well</p> <p>5. Can hold an extended conversation and say anything wants to</p> <p>8. No answer</p> <p>9. Not asked</p> | |
| <p>Q144_27 How well do you feel R speaks [other language 1]?</p> <p>1. Only knows some words and expressions</p> <p>2. Can hold a very basic conversation</p> <p>3. Can hold a moderate conversation</p> <p>4. Can hold an extended conversation reasonably well</p> <p>5. Can hold an extended conversation and say anything wants to</p> <p>8. No answer</p> <p>9. Not asked</p> | |
| <p>Q144_28 How well do you feel R speaks [other language 2]?</p> <p>1. Only knows some words and expressions</p> <p>2. Can hold a very basic conversation</p> <p>3. Can hold a moderate conversation</p> <p>4. Can hold an extended conversation reasonably well</p> <p>5. Can hold an extended conversation and say anything wants to</p> <p>8. No answer</p> <p>9. Not asked</p> | |
| <p>Q144_29 How well do you feel R reads Welsh?</p> <p>1. Can only read a few words</p> | |

| | |
|--|--|
| <p>2. Can read basic information 3. Can read general information 4. Can read most things 5. Can read anything wants to 8. No answer 9. Not asked</p> | |
| <p>Q144_30 How well do you feel R reads English? 1. Can only read a few words 2. Can read basic information 3. Can read general information 4. Can read most things 5. Can read anything wants to 8. No answer 9. Not asked</p> | |
| <p>Q144_31 How well do you feel R reads [other language 1]? 1. Can only read a few words 2. Can read basic information 3. Can read general information 4. Can read most things 5. Can read anything wants to 8. No answer 9. Not asked</p> | |
| <p>Q144_32 How well do you feel R reads [other language 2]? 1. Can only read a few words 2. Can read basic information 3. Can read general information 4. Can read most things 5. Can read anything wants to 8. No answer 9. Not asked</p> | |
| <p>Q144_33 How well do you feel R writes Welsh? 1. Knows how to write a few words and expressions 2. Can only write simple things 3. Can write moderately difficult things 4. Can write most things reasonably well 5. Can write anything wants to 8. No answer</p> | |

| | |
|---|--|
| 9. Not asked | |
| <p>Q144_34 How well do you feel R writes English?</p> <p>1. Knows how to write a few words and expressions 2. Can only write simple things 3. Can write moderately difficult things 4. Can write most things reasonably well 5. Can write anything wants to 8. No answer 9. Not asked</p> | |
| <p>Q144_35 How well do you feel R writes [other language 1]?</p> <p>1. Knows how to write a few words and expressions 2. Can only write simple things 3. Can write moderately difficult things 4. Can write most things reasonably well 5. Can write anything wants to 8. No answer 9. Not asked</p> | |
| <p>Q144_36 How well do you feel R writes [other language 2]?</p> <p>1. Knows how to write a few words and expressions 2. Can only write simple things 3. Can write moderately difficult things 4. Can write most things reasonably well 5. Can write anything wants to 8. No answer 9. Not asked</p> | |
| | |
| | |
| | |
| | |
| | |